



2022 TRI-COUNTY KENTUCKY UNITED WAY RESOURCE DIRECTORY

Tri-County Kentucky United Way is sharing these resources as information and referral only. Resources were up to date, to the best of our knowledge, at the end of 2021. United Way is not responsible, nor does it necessarily endorse, services listed.

SENIOR PROGRAMMING/AGED

Active Day of Bardstown

502-350-0663

1297 Springfield Road in Bardstown

Email address: info@activeday.com

Website: www.activeday.com

Services. Provides adult day health care supervision, therapeutic activities and rehabilitative therapies for those who require health care and support services as a result of chronic conditions, such as COPD, stroke, Alzheimer's and other related dementias, seizures, diabetes, Parkinson's, Multiple Sclerosis, hypertension and heart disease, developmental and intellectual disabilities.

Blessed Assurance Community Services

502-833-0210

10233 Boston Road in Boston

Services. Provides adult day training and speech therapy, as well as residential assistance and respite.

Bluegrass Assisted Living

502-349-2026

107 Thruway Drive in Bardstown

Website: www.bluegrassliving.com

Services. Provides 24-hour care and assisted living for the elderly in Nelson County (and surrounding counties). Also have a secured Alzheimer's unit.

Eligibility. Some long-term insurance accepted, as well as private pay.

City of Bardstown Recreation Department – League Sports/Open Gym

502-348-9281

116 North 5th Street, Bardstown 40004

Website: www.cityofbardstown.org

Services. Swim lessons, swim team, water aerobics, 5th Quarter basketball, middle school league basketball, high school league basketball, adult league basketball, CO-ED volleyball league, kickball, cheerleading, pickleball. Programs are offered on a seasonal basis. Check website and Facebook page – Bardstown Parks and Recreation Department. **Eligibility.** Youth sports for boys and girls, all ages and income levels. Open gym is free of charge.

Congregate Meals

Website: <https://ckcac.org/services/meal-programs/>

Services. Provides meals to the elderly. All participants must call their local Senior Citizen Center 24 hours in advance to reserve their meal for the following day.

- Bardstown Senior Center - 112 Plaza Drive, Suite A 502-348-1888
- Lebanon Senior Center - 110 West Mulberry Street 270-692-6591
- Loretto Senior Center 270-692-6591
- New Haven Senior Center 502-549-6501
- Washington County Senior Center - 206 Main Cross Street in Springfield 859-336-0909



Home Instead Senior Care in Elizabethtown

270-766-1866 or 866-942-7272

Services. Provides non-medical, in-home care for seniors. Provides meal preparation, light housekeeping, assistance with shopping and errands, respite, and companionship.

Eligibility. Private pay. Veterans may be eligible for services through VA benefits. Marion, Nelson and Washington counties (and surrounding counties).

Lifeline Home Care, Inc.

270-360-8227 or 877-360-8227

950 North Mulberry Street, Suite 170 in Elizabethtown

Services. 24-hour care, homemaker companions, and private duty sitter services in Marion, Nelson, and Washington Counties (and surrounding areas).

Lincoln Trail Area Agency on Aging and Independent Living

270-769-2393 or 800-264-0393

613 College Street Road, P.O. Box 604 in Elizabethtown

Website. www.ltadd.org

Services. Provides information on area resources and contacts for delivery of programs for the elderly, including home and community services. Provides Benefits Counseling to include assistance with accessing and interpreting benefits/resources. Helps with resources for State Health Insurance Assistance Program (SHIP), Homecare, Home Modification, Mental Health, Respite, Information and Referral, Legal Assistance, Meals, Advocacy, Outreach, Personal Care Attendant Program, Respite, and Transportation. Provides Family Caregiver Support Program for anyone caring for an individual aged 60 and over and Grandparent/Relative Caregiver, aged 60 and over, caring for a grandchild/minor relative under the age of 18.

Marion County Adult Day Care

270-692-3897

2155 Campbellsville Highway in Lebanon

Services. Transportation provided by TACK.

Nelson County Cooperative Extension Office

502-348-9204

DL_CES_Nelson@email.uky.edu

317 South Third Street in Bardstown

Website. www.Nelson.ca.uky.edu

Services. Educational resource that serves as a catalyst to build better communities and improve quality of life.

- **4-H Youth Development:** Prepares youth to be the leaders. Anyone ages 9 through 18 can join. Opportunities include: attending 4-H Camp, learning presentation and public speaking skills, growing vegetables, fishing, cooking, learning nutrition, development of leadership skills, learn about science and technology, etc. Clubs include: Teen, Dog, Horse, Shooting Sports, Sportfishing, Goat, and many project clubs that prepare 4-Hers to enter exhibits into the County Fair.
- **Family Consumer Sciences.** Learn about our initiatives, making healthy lifestyle choices, nurturing families, embracing life as you age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering local leaders.
- **Agriculture and Natural Resources.** Whether you are a commercial scale farmer, a backyard gardener, an avid outdoor person, or anything in between, their experts can help you to grow your food, understand the food system and protect the environment.
- **Community & Economic Development.** From revitalizing downtowns to supporting local arts and improving community design.



Oreo, Bardstown Fire Dog

502-974-3198

firechief@bardstowncable.net

1 Arch Pendergrass Way, Bardstown KY 40004

Services. Their fire dog, Oreo, makes public appearances at businesses, hospitals, nursing homes, schools, or group meetings (no political rallies).

Retired and Senior Volunteer Program

270-307-9638

1119 Johnstown Road, Box #7 in Elizabethtown

Website. www.ckcac.org

Services. Match seniors 55+ years of age with a volunteer position in Nelson and/or Hardin County.

Senior Centers

Services. Provides socialization and recreational activities, outreach and information, and referral services.

Eligibility. Individuals 60 and over, spouse of an individual age 60 and over, or the disabled adult child of an eligible participant. Donations are accepted as a fee for meals and/or transportation.

Bradfordsville Senior Center on Main Street in Bradfordsville	270-692-6591
Lebanon Senior Center at 110 West Mulberry Street in Lebanon	270-692-6591
Loretto Senior Center at St. Francis School in Lebanon	270-692-6591
Bardstown Senior Center at 122 Plaza Drive in Bardstown	502-348-1888
New Haven Senior Center at Hometown Apartments at 365 Fifth Street in New Haven	502-549-6501
Washington County Senior Center at 206 South Cross Main in Springfield	859-336-0909

Senior Companion Program

502-619-2553

Website. www.ckcac.org/services/senior-support-programs/senior-companion-program

Services. Recruits, trains and places senior volunteers (55 years old and older) to help the disabled and elderly in their own home with household chores, short-distance transportation, companionship, etc.

Tender Touch Senior Services

270-765-3332

410 North Mulberry Street in Elizabethtown

Website. www.tendertouchseniorservices.com

Services. Light housekeeping, meal preparation, transportation, personal care, respite, errands and shopping, laundry, companionship, etc. in Marion, Nelson, and Washington counties (and surrounding counties).

Eligibility. Long-term insurance and private pay. Veterans Administration and Guardianship.

Visiting Angels of Lincoln Trail

502-348-0377

120 West Stephen Foster, Suite 102 in Bardstown

Website. www.visitingangels.com/lincolntrail

Services. Provides in-home, non-medical services, including light housekeeping meal preparation, errands, transportation, and companionship in Marion, Nelson, and Washington Counties (and surrounding counties).

Eligibility. At least 18 years. Long-term care insurance/private pay. Veterans may be eligible thru VA benefits.

Windsor Gardens Assisted Living Community

502-349-6214 or 888-349-6214

101 Isaac Greer Court in Bardstown

Services. Provides assisted living apartments and skilled nursing care. Paddington Place for Dementia care.

Eligibility. Some long-term insurances covered and also private pay.

See "Food" category for additional resources.