



2022 TRI-COUNTY KENTUCKY UNITED WAY RESOURCE DIRECTORY

(Marion, Nelson and Washington Counties)



Tri-County Kentucky United Way

Mission Statement. The Tri-County Kentucky United Way mobilizes the caring power of our communities to improve the quality of life for all by supporting local health and human service programs and addressing local issues in Marion, Nelson and Washington counties.

Vision Statement. To improve the health, education, and financial stability of every person in every community of Marion, Nelson, and Washington counties. We strive to ensure that everyone has the resources, supports, opportunities, and networks they need to thrive.

To view this Resource Directory online, please visit www.tricountykyuw.com.



2022 TRI-COUNTY KENTUCKY UNITED WAY RESOURCE DIRECTORY
(covering Marion, Nelson and Washington Counties)
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Tri-County Kentucky United Way is sharing these resources as information and referral only. Resources were up to date, to the best of our knowledge, at the end of 2021. United Way is not responsible, nor does it necessarily endorse, services listed.

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TRI-COUNTY KENTUCKY UNITED WAY RESOURCE DIRECTORY

CHILD CARE FACILITIES

Bardstown Early Childhood Center 980 Templin Avenue in Bardstown

502-331-8804

Website: <https://bec.bardstown.kyschools.us>

Services. The Preschool Program is designed to be developmentally appropriate for young children, meaning that the program focuses on the child’s physical, intellectual, social and emotional development, including interpersonal, intrapersonal and socialization skills. It seeks to build a child’s intellectual and problem-solving skills, social-emotional, physical (large and fine motor), self-help, self-esteem, and communication skills. Curriculum is structured to be developmentally appropriate and child-centered. The role of the teachers is to support and extend each child’s learning through guided play and active exploration of materials. Parent involvement is an important factor in the development of every child.

Eligibility. Available for four-year old children whose family income is no more than 150% of poverty; all three- and four-year old children with developmental delays and disabilities, regardless of income; and other four-year old children, as placements are available based on district decision.

Child Care Assistance Program

855-306-8959

Websites: <https://chfs.ky.gov/agencies/dcb/dcc/Pages/ccap.aspx> or <https://benefind.ky.gov>

Services. Provides support to help families pay for child care. A listing of child care programs by county can be found on their website under Childcare Providers on the homepage.

Head Start Programs

Website: www.ckcac.org/services/head-start/

Services. Delivers comprehensive high-quality education for children and their families. Programs promote children’s development through services that support early learning, health, and family well-being, while engaging parents as partners every step of the way. Participating families are asked to contact their center’s Family Advocate with any questions. **Eligibility.** 3- and 4-year-olds who are low-income and/or handicapped.

Marion County:

Lebanon Family Advocate	270-699-0916
West Main Family Advocate	270-699-0897
Loretto	270-699-0768

Nelson County:

Bardstown Head Start Family Advocate, 219 East Muir Avenue in Bardstown	502-348-9240
New Haven Head Start Family Advocate, 11630 New Haven Road in New Haven	502-549-3786

Washington County:

St. Rose Family Advocate	270-699-0926
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Loretto Child Care Center

270-865-5074

225 School Road in Loretto

Services. Provides services for the positive growth and development of the whole child, ages 6 weeks to 12 years old, in a safe, caring environment.

Marion County Early Childhood

270-692-3721

755 East Main Street in Lebanon



Nelson County Early Learning Center

502-350-3914

1200 Cardinal Drive in Bardstown

Services. Offers district’s before- and after-school child care, which runs from 6:00 a.m. to 6:00 p.m. Their goal is to be a place where learning comes to life through play and possibilities. Their mission is to be a safe student-focused school for children to receive early learning interventions for kindergarten readiness and life-long skills.

Wee Care Day Care

502-348-5198

981 Frost Avenue in Bardstown

Services. Private preschool experience providing educational excellence in a loving, nurturing environment. Offers the following programs: Incredible Infant Program, Wonderful 1-year old Program, Terrific 2-year-old Preschool Program, Thrilling 3-year-old Preschool Program, and the Fantastic 4-year-old Preschool Program.

CHILD SERVICES - ABUSE/CHILD SUPPORT/RUNAWAYS/TROUBLED TEENS/OTHER

Child/Adult Abuse Hotline in Kentucky

877-597-2331 (877-KYSAFE1)

800-752-6200

Website. <https://prdweb.chfs.ky.gov/ReportAbuse/>

Please report any incidence of abuse or neglect to the hotline above or make a report via the web.

Child Protective Services

502-348-9048

901 Atkinson Hill Avenue in Bardstown

Services. Responsible for the assessment, investigation, and intervention regarding cases of child abuse and neglect, including sexual abuse.

Child Support

Marion County: 516 Workshop Lane in Lebanon

270-692-6712

Nelson County: 602 Bloomfield Road in Bardstown www.nckychildsupport

502-349-1818

Washington County: 108 West Main Street in Springfield

859-336-3901

Child Support Enforcement Hotline

800-248-1163

Available 8:00 a.m. to 4:30 p.m.

Kentucky Child Support Interactive Website

800-248-1163

Website. <https://csws.chfs.ky.gov/csws/>

Services. Child support customers can obtain child support payment and balance information. You can set up an account, check payments, make payments, update needed information, locate a local office, etc. A new mobile friendly website is available where you can check payments and balance due, among other information.

Community Collaboration for Children

270-766-8027

Services. Focuses on child abuse and neglect prevention, helping and strengthening families, and encouraging communities to work together for the well-being of the family. Provides:

- in-home-based services (assist families in finding resources that improve parenting skills and connect them with community resources),
- Family Team Meetings (assist families, agencies, and community partners in identifying strengths and concerns, and then, develops an action plan to address the issues),



- Parent Education (provides structured parenting classes for 2 hours for a period of 6 weeks), and
- the Regional Network (concerned citizens that meet to increase awareness of child abuse and neglect).

Custody and Visitation Hotline

844-673-3470

Services. offers free legal assistance related to custody and visitation concerns.

Department of Community Based Services (DCBS)

Hotline 855-306-8959

Website. www.chfs.ky.gov/agencies/dcbs and/or www.benefind.ky.gov (public benefits)

Services. Provides family support, child care, child and adult protection; eligibility determinations for Medicaid and food benefits; and administration of an energy cost-assistance program. Administers the state foster care and adoption systems. Provides services and programs to enhance the self-sufficiency of families; improves safety and permanency for children and vulnerable adults; and engages families and community partners in a collaborative decision-making process. Provides food stamps, financial aid to families with dependent children, medical cards, social services, child care, etc. Local offices investigate claims of abuse, neglect, and abandonment of children, as well as provide foster care, adoption, adult services, protective services, family services, juvenile services, and day care services:

Marion County – 634 West Main Street in Lebanon

270-692-6036 and **270-692-3135**

Nelson County – 901 Atkinson Hill, Suite B, in Bardstown

502-348-9048 and **855-306-8959**

Washington County – 803 Bel Vista Drive in Springfield

859-336-9395 and **855-306-8959**

Grandparents Raising Grandchildren

270-766-8027

Services. Provides a support group that meets in Elizabethtown on Wednesday mornings at Denny’s restaurant.

National Caregiver Program for Grandparents & Relative Caregivers

800-264-0393 or **270-737-6082**

Area Agency on Aging & Independent Living – Lincoln Trail Area Development District

613 College Street Road in Elizabethtown

Services. Offered in Marion, Nelson, and Washington (also Breckinridge, Grayson, Hardin, LaRue and Meade)

Eligibility. Grandparent/relative caregiver age 55 years or older who has legal custody of a child 18 years or younger who resides in home. Cannot be receiving kinship care. Funds only for personal care items for a child.

National Human Trafficking Hotline

Chat Online: www.humantraffickinghotline.org

To report: 866-347-2423

To get help: 888-373-7888 or text HELP or BeFree (233733)

Nelcasa (Nelson County Court Appointed Special Advocates)

502-331-6325

860 West Stephen Foster Avenue in Bardstown

Services: Promotes and protects the best interest of children who have been neglected and/or abused and helps them to find safe, permanent, loving homes through the use of volunteers, who act as advocates. Volunteers are court appointed to investigate and monitor cases involving child neglect, dependency or abuse.

Nelson County Foster Care Review Board

502-510-1080

Website. www.courts.ky.gov/stateprograms/fostercare



Services. Interested parties review cases of children committed to foster care and meet with Social Workers, parents, GAL's, foster parents, and others involved with child's care.

Runaway Hotline

800-621-4000

Shared Hope

866-HER-LIFE

Website. www.sharedhope.org

Services. Prevents, restores, and brings justice to women/children victimized and vulnerable to sex trafficking.

Silverleaf Sexual Trauma Recovery Services

270-234-9236

Toll Free: 877-672-2124

751 South Provident Way in Elizabethtown

324 East Main Street in Springfield

Email address. contactus@silverleafky.org

Website. www.silverleafky.org

Services. Offers 24 hour/365 days crisis services by phone; hospital response to victims presenting to the emergency room; victim advocacy; volunteer program; crisis intervention; forensic interviews; medical examinations; consultation; legal advocacy; trauma-informed therapy services; community prevention and education trainings to our communities; and counseling. All services are free. **Eligibility.** Victims and non-offending caregivers/family members who have been affected by sexual violence and/or human trafficking. Serve all ages, regardless when the sexual violence occurred. Serve Marion, Nelson, and Washington, etc.

University of Kentucky Targeted Assessment Program

Services. Provides free comprehensive assessments and support services to fully capture any barriers to self-sufficiency. Collaborates with other systems to engage participants in evidenced-based interventions.

Eligibility. Nelson County resident. Must have a dependent child under the age of 18 in their custody or plan to still reunify with child; suspected or confirmed barrier in one or more of the following: mental health, substance abuse, intimate partner violence, learning issues, or other barriers to self-sufficiency (i.e. housing, employment, transportation); 200% or below poverty level; not a perpetrator of intimate partner violence or sexual abuse.

CLOTHING

Bardstown Baptist Church

502-348-3866

101 West Brashear Avenue in Bardstown

Community Action

Website. www.ckcac.org

Services. May be able to assist with clothing for employment. Call your local office:

Marion 270-692-6411
marionca@ckcac.org

Nelson 502-348-9596
nelsonca@ckcac.org

Washington 859-336-7766
washingtonca@ckcac.org

Dress for Success

502-584-8050

913 East Main Street, #101B in Louisville

Email address. louisville@dressforsuccess.org

Services. Empowers women to achieve economic independence by providing a network of support, professional attire, and development of tools to help women thrive in work and in life.



Goodwill Industries

502-348-5618

219 Padgett Street in Bardstown

Services. Offers affordable clothing for those in need of assistance.

Salvation Army

502-583-5391

Website. www.salvationarmy.org/KY

Services. Disaster Services, Emergency Shelter, Casework, Food Pantry, and Residential Camping Activities.

School Clothes Closets

Please see Schools below for a list of Family Resource and Youth Services Center for clothing needs of students.

St. Vincent de Paul Mission Store

502-348-9752 x106

310 North Second Street in Bardstown

Website. www.svdpbard.org

Services: Provides clothing and household items.

COVID-19

Center for Disease Control (CDC)

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

CDC Frequently Asked Questions

<https://www.cdc.gov/coronavirus/2019-ncov/faq.html>

Kentucky's official COVID-19 website

www.kyccovid19.ky.gov

Kentucky's COVID-19 Hotline

(800) 722-5725

Kentucky news and guidance

<https://govstatus.egov.com/kyccovid19>

Kentucky State Guidance

<https://www.cisa.gov/publication/guidance-essential-critical-infrastructure-workforce#download>

Lincoln Trail District Health Department

800-769-1601

Website. www.ltdhd.org

Services. Provide clinical, preventative health services including medical, nursing, nutrition, social, educational, and environmental interventions designed to assist individuals. They offer services including, but not limited to: STD treatment and vaccines, pregnancy services and WIC (Women, Infants and Children), HANDS, and HIV testing and screening. Some also provide harm reduction. Most services are provided for a nominal fee, but some are based on income and the number of people in the household. No person is refused for inability to pay.

Marion County Health Department - 516 North Spalding Avenue in Lebanon

270-692-3393

Nelson County Health Department - 325 South Third Street in Bardstown

502-348-3222

Washington County Health Department - 302 East Main Street in Springfield

859-336-3989

Mental Health and the Coronavirus

CDC resources for coping with stress during the outbreak

<https://bit.ly/39UVoEj>



Managing Stress and Anxiety

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>

National Alliance on Mental Illness

Text "NAMI" to 741741

<https://nami.org/covid-19-guide>

National Child Traumatic Stress Network

https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf

National Suicide Prevention Helpline

1-800-273-8255

text ASKUS to 741741

Q&A on COVID-19 and Mental Health

<https://www.youtube.com/watch?v=zDx1LKkk5c4>

Suicide Prevention Lifeline

(800) 273-TALK or (800) SUICIDE

TalkWithUs

1-800-985-5990

text TalkWithUs to 66746

Teen Mental Health Toolbox

<http://teenmentalhealth.org/toolbox/>

What To Do If You Are In Crisis

<https://www.goodtherapy.org/in-crisis.html>

For Parents: How to Help Your Children

Combatting Stress/Anxiety in Family Life <https://news.ncsu.edu/2020/03/combating-stress-covid/>

COVID-19 Tips for Wellbeing

<https://www.cis.tennessee.edu/covid-19-resource-dashboard/covid-19-tips-well-being>

Helping Children and Teens Cope with Anxiety About COVID-19

<https://pulse.seattlechildrens.org/helping-children-and-teens-cope-with-anxiety-covid-19/>

How to Talk to Teens About the New Coronavirus

<https://www.health.harvard.edu/blog/how-to-talk-to-teens-about-the-new-coronavirus-2020031419192>

How to Help Your Teenager Manage Stress During COVID-19 Pandemic

<https://www.pediatrics.wisc.edu/uw-pediatrician-how-to-help-your-teenager-manage-stress-during-covid-19-pandemic/>

Managing COVID-19 Anxiety

<https://adaa.org/finding-help/coronavirus-anxiety-helpful-resources>

Supporting Families

<https://childmind.org/coping-during-covid-19-resources-for-parents/>

Talking to Kids About the Coronavirus



<https://www.health.harvard.edu/blog/how-to-talk-to-children-about-the-coronavirus-2020030719111>

Talking to Children About COVID-19 (Coronavirus): A Parent Resource

https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19?ck_subscriber_id=342989428%2a0

Testing Facilities: To obtain more information on vaccines, please go to www.vaccine.ky.gov.

Vaccines/Boosters: To obtain more information on vaccines/boosters, please go to www.vaccine.ky.gov.

To find where you can get a vaccine/booster in your area, go to www.Vaccinefinder.org. Kentuckians can also find an appointment near them at www.vaccinemap.ky.gov.

For a replacement Covid-19 vaccination card, you should contact your vaccination site and see if they will give you a new one. Bring ID and the date of your last vaccine, if you have it. If you are unable to get a replacement card through them, you can get a backup copy through your state health department. In Kentucky, call 502-564-0038 or email KYIRHelpdesk@ky.gov or go to the Kentucky Immunization Registry at <https://chfs.ky.gov/agencies/dph/dehp/idb/Pages/kyir.aspx> for more information.

Vaccine Hotline **800-722-5725**

Transportation to a obtain a vaccine www.kycovid19.ky.gov

All transportation requires masks and 24-hour notice, unless otherwise noted.

Statewide	Federated Transportation Services of the Bluegrass, Inc. Must be scheduled at least 72 hours before appointment;	888-848-0989
Marion County	Central KY Community Services Lincoln Trail Area Development District	800-242-8225 Free for Seniors 270-692-2136
Nelson County	Central KY Community Services Lincoln Trail Area Development District	800-242-8225 270-692-2136
Washington County	Blue Grass Community Action Partnership Transit	800-456-6588

DISABILITIES/DISABLED SERVICES

Active Day of Bardstown Email address: info@activeday.com **502-350-0663**

1297 Springfield Road in Bardstown Website: www.activeday.com

Services. Provides adult day health care supervision, therapeutic activities and rehabilitative therapies in positive people-focused way for those who require health care and support services as a result of chronic conditions, such as COPD, stroke, Alzheimer’s and other related dementias, seizures, diabetes, Parkinson’s, Multiple Sclerosis, hypertension and heart disease, developmental and intellectual disabilities.

Bardstown Participation Station **502-507-1884**

138 Robin Drive in Bardstown Website: www.participationbardstown.org or www.communicareservices.org



Services. Provides safe environment to learn and develop vital skills to enhance recovery experience and provides opportunities to return to a productive, healthy, and meaningful life. Educates, empowers and enhances lives of individuals moving toward recovery and mental wellness. Provides class on self-advocacy through managing stress, computer skills, art relaxation, and other activities. Offers non-emergency peer-to-peer telephone support to individuals living with mental illness. **Eligibility.** Adults with disabilities, low income, mental health issues, and/or addiction.

Communicare

859-336-7746

Crisis Line: 1-800-641-4673 (Hope)

Website. <https://www.communicare.org>

Services. Mental health center providing behavioral health, developmental disabilities, and substance use services in Marion, Nelson, and Washington Counties. Locations include:

Marion County Industries
748 West Main Street
Lebanon KY 40143
270-692-9237

Nelson County Industries
900 Nutter Drive
Bardstown KY 40004
502-348-2481

Washington Cnty Industries
324 East Main Street
Springfield KY 40069
859-336-7746

Eligibility. All ages and populations without regard to race, color, national origin, religion, age, disability, gender, familial status, sexual orientation, gender identity, or marital status.

Department of Vocational Rehabilitation

502-348-1879

270-746-7489 (Lebanon)

866 West Stephen Foster Avenue in Bardstown

Services. Helps those with disabilities gain employment through a variety of services. Also provides guidance, counseling, evaluation, treatment, training, and job placement.

Developmental and Intellectual Disabilities Crisis Line

800-641-4673

First Steps

270-737-5921 and 800-678-1879

1111 North Dixie Avenue, Suite 7-B, The Mall in Elizabethtown

Services. Provides point of entry to the Lincoln Trail Area for First Steps/Kentucky’s Early Intervention System. Offers service coordination, evaluation, assessment, developmental intervention, occupational therapy, speech therapy, physical therapy, audiology services, vision services, nutrition, psychological, and social work. Services are provided in child’s natural environment, which includes their home, child care, or other community setting.

Eligibility. Serves children, from birth to 3, who have developmental delay or a particular medical condition that is known to cause a developmental delay. Eligibility determined through child and family assessment. **Fees.** Range from \$0 to \$100 per month. Private insurance and Medicaid can also assist. No family is denied services due to lack of insurance or inability to pay Family Share.

Guthrie Opportunity Center (GOC)

502-348-3989

900 Nutter Drive in Bardstown

Website. www.guthrieopportunitycenter.org

Services. Partners with Communicare to provide meaningful employment for the developmentally disabled through contract work opportunities with local employers, including sorting, package assembly, product labeling and more. Also offers GO to Work for students with class work and allows them to experience different types of opportunities through a Supportive Employment Program.



Guthrie Opportunity Center’s Art Program

502-348-3989

Website. www.guthrieopportunitycenter.org

Services. “Life Enrichment Program” that encourages individuals with intellectual and related disabilities to discover their artistic talents. Offers a variety of art classes that provide instruction, self-expression, social interaction, and community awareness. Allows participants to earn additional money by selling their creations.

Guthrie Opportunity Center Country Gardens

502-348-1144

Website. www.guthrieopportunitycenter.org

Services. A retail business that offers fresh fruits and vegetables, plants, flowers, garden accessories, and many varieties of old-fashioned candy, as well as country hams and sausage, fruit trays, and baskets prepared onsite.

Guthrie Opportunity Center Greenhouse and Gardening Program

502-348-3989

Website. www.guthrieopportunitycenter.org

Services. Offers participants increased independence and concentration and provides a positive environment for learning outdoors. It produces over 3,000 pounds of vegetables grown and harvested by participants. The produce is sold through Country Gardens and is used in the GO Center’s Meals from the Heart Program, which provides healthy meals for elderly and shut-in community members. Participants are trained in all aspects of greenhouse culture; seed starting, watering, transplanting, temperature control, soils and fertilization. They have the opportunity to grow vegetables from seed to harvest in our gardens and produce hanging baskets of colorful annuals to be sold through their Country Gardens store.

Guthrie Opportunity On-the-Go Foods

900 Nutter Drive in Bardstown

502-348-8081

458 East Stephen Foster in Bardstown

502-348-1649

Website. www.guthrieopportunitycenter.org and www.onthegofoods.com

Services. A retail and catering program in collaboration with the Guthrie Opportunity Center (GOC). Provides job training, community employment, advocacy, independence, self-confidence, and community integration while serving excellent lunches and catered meals. You can order online at www.onthegofoods.com. They also have “take and bake” options for individuals and families (serve 4 – 6 people).

Marion County Industries

270 -692-9237

748 West Main Street in Lebanon

Partners in Pediatric Therapy

502-331-5478

115 South Salem Drive in Bardstown

Website. www.partnersinpediatrictherapy.com

Services. Offers speech therapy, physical therapy, occupational therapy, feeding therapy, child and family counseling, and behavior support services.

Social Security Administration

toll-free

800-772-1213

591 Westport Road in Elizabethtown

866-596-7123

101 Hiestand Farm Road in Campbellsville

877-828-1695

Website. www.ssa.gov



Services. Apply for Social Security Insurance, Social Security Disability Insurance, Medicare, Social Security card.

DISASTER/EMERGENCY PREPAREDNESS AND RELIEF

The American Red Cross – Home Fire and Disaster Relief

502-589-4450

Website. www.RedCross.org

Services. Provides emergency assistance for victims of home fires and natural disasters, as well as preparedness education and safety planning for families. Health and safety training courses in First Aid, CPR, and AED.

Eligibility. All residents impacted by a disaster.

Bardstown Fire Department – Fire Extinguisher Training

502-349-6562

1 Arch Pendergrass Way, Bardstown KY 40004

Services. Train workers on how to use a fire extinguisher. **Eligibility.** Any business.

Bardstown Fire Department – Fire Prevention and Education

502-349-6562

1 Arch Pendergrass Way, Bardstown KY 40004

Services. Will speak with groups and/or organizations on fire prevention. **Eligibility.** Anyone.

Bardstown Fire Department – Smoke Detectors

502-349-6562

1 Arch Pendergrass Way, Bardstown KY 40004

Services. Will come to your home and tell you how many smoke detectors you need. If you cannot afford them, they will install them for you. **Eligibility.** Anyone who owns their home.

Disaster Distress Helpline

1-800-985-5990 or text TalkWithUs to 66746

Spanish-speakers can call the hotline and press “2” for 24/7 bilingual support.

Website. <https://www.samhsa.gov/find-help/disaster-distress-helpline>

Services. 24 hour/day, 7 days/week, 365 days/year, free national hotline. Provides immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster, as well as infectious disease outbreaks. Multi-lingual and confidential crisis support service available to all U.S. residents and its territories. Stress, anxiety, and other depression-like symptoms are common after a disaster.

Kentucky Disaster Response – Recovery Support Services Hub

call or text 1-888-891-2377

Website. <https://kentucky.myrecoverylink.com>

Services. Whether you are looking for in-person treatment for your mental health or substance use, or just want to talk with a supportive person over the phone, their priority is meeting you wherever, whenever, and however works for you. A certified peer recovery support specialist partners with you to identify ways to best support your immediate needs, as well as be available to continue to support your recovery and wellness goals. Also offers: online access, Screenings for Mental Health and Substance Use Concerns; Certified Peer Recovery Specialists Who Have Lived Experience, Referrals to Treatment and Physical Health Services (shelter, food, basic needs), No Cost Services at Any Time, and In-person and Tele-recovery Service Options.

Salvation Army

502-583-5391

Website. www.salvationarmy.org/KY

Services. Disaster Services, Emergency Shelter, Casework, Food Pantry, and Residential Camping Activities.



DOMESTIC VIOLENCE/SEXUAL VIOLENCE

Adult Protective Services

877-597-2331

502-349-1818

Services. Investigates all known or suspected incidents of abuse, neglect, or exploitation of an adult.

Community Based Services/Protection and Permanency

Services. Investigates claims of abuse, neglect and abandonment of children. Provides foster care, adoption, adult services, protective services, family services, juvenile services, and day care services.

Marion County – 634 West Main Street in Lebanon

270-692-3135

Nelson County – 901 Atkinson Hill, Suite B, in Bardstown

502-348-9048

Washington County – 803 Bel Vista Drive, Suite 1, in Springfield

859-336-9395

Crime Victim Advocate

116 East Stephen Foster Avenue in Bardstown

502-348-1111

321 East Broadway, P.O. Box 27 in Campbellsville (serves Marion and Washington counties)

270-789-6802

Services. Provides advocacy and emotional support and helps one understand their rights. **Eligibility.** Must be a victim or a witness to a violent crime or a family member or survivor of the victim.

Department of Community Based Services (DCBS)

Hotline 855-306-8959

Website. www.chfs.ky.gov/agencies/dcbs and/or www.benefind.ky.gov (public benefits)

Services. Provides family support, child care, child and adult protection; eligibility determinations for Medicaid and food benefits; and administration of an energy cost-assistance program. Administers the state foster care and adoption systems and recruits and trains parents to care for the state's children who are waiting for a permanent home. Provides services and programs to enhance the self-sufficiency of families; improves safety and permanency for children and vulnerable adults; and engage families and community partners in a collaborative decision-making process. Provides food stamps, financial aid to families with dependent children, medical cards, social services, child care, etc. Local offices (see Child Abuse for phone numbers for this service):

Marion County – 634 West Main Street in Lebanon

270-692-6036

Nelson County – 901 Atkinson Hill in Bardstown

855-306-8959

Washington County – 803 Bel Vista Drive in Springfield

855-306-8959

Embrace Hope Recovery Center

502-331-6002

1000 East John Rowan Boulevard, Suite #107 in Bardstown

Website. www.embrace-hope-recovery-center.business.site

Services. Addiction treatment center offering services that include: individual counseling, family counseling, group counseling, case management services, peer support services, Batterer Intervention Program (30-week program designed to address men and women who batter; meets the court order criteria), Trauma Informed Care, referrals, medication assisted treatment, suboxone provider, Casey's Law Assessments, and DUI classes.

Kentucky Coalition Against Domestic Violence (KCADV)

800-767-5838

Website. www.kcadv.org

Services. KCADV Regional Domestic Violence Shelter Programs are open to each survivor that reaches out for help. Hotlines are available 24 hours per day, 7 days per week. Services include:



- **Virtual Services.** Advocates respond to requests for information and referrals using digital means, such as FaceTime, Zoom, email, text and instant messenger. Even support groups can be conducted virtually.
- **Emergency Shelter.**
- **Access to Courts.** Survivors can apply for emergency protection. Survivors have the right for a victim advocate to be present at their hearing with them, either in person or virtually.
- **Transportation.** Includes using private agencies, such as Uber or Lyft, to get survivors to their medical appointments.
- **Assistance with Addressing Economic Needs.** Helps navigate policy changes that are designed to address economic need.

National Domestic Violence Hotline

800-799-SAFE (7233)

National Human Trafficking Hotline

To report: 866-347-2423

To get help: 888-373-7888 or text HELP or BeFree (233733)

Chat Online: www.humantraffickinghotline.org

National Sexual Assault Hotline (confidential 24/7 support)

800-656-HOPE (4623)

Rape Crisis Hotline

800-422-1060

Shared Hope

866-HER-LIFE

Website: www.sharedhope.org

Services. Prevents, restores, and brings justice to women/children victimized and vulnerable to sex trafficking.

Silverleaf Sexual Trauma Recovery Services

270-234-9236

Toll Free: 877-672-2124

Email address: contactus@silverleafky.org

Website: www.silverleafky.org

751 South Provident Way in Elizabethtown and 324 East Main Street in Springfield

Services. Offers 24 hour/365 days crisis services; hospital response to victims presenting to the emergency room; victim advocacy; volunteer program; crisis intervention; forensic interviews; medical examinations; consultation; legal advocacy; trauma-informed therapy services; community prevention and education trainings to our communities; and counseling. All services are free. **Eligibility.** Victims and non-offending caregivers/family members who have been affected by sexual violence and/or human trafficking. Serve all ages, regardless when the sexual violence occurred. Serve Marion, Nelson, and Washington, etc.

SpringHaven Domestic Violence

1-270-769-1234 or 1-800-767-5838 (help and information line)

Website: www.springhaveninc.org

Services. Offers 24-hour, seven days/week, by means of a help and information line, a safe place for victims and their dependent children, individual counseling, legal advocacy, and support groups. No charge for services. Eligibility. Anyone who is a victim of spouse/partner abuse.

Marion and Washington County Office 502-827-2248

Nelson County Office 502-827-1415



The W.O.M.E.N. Project (Working On Meeting Employability)

270-769-1304 x1108

1311 North Dixie Avenue, Elizabethtown, KY 42701

Services. Works to eliminate barriers and improve employability, self-sufficiency, and quality of life for eligible women and their children who are experiencing substance abuse, domestic violence, and co-occurring mental health problems. Provides substance abuse education, domestic violence education, advocacy, and case management to participants. Provides coordination with community partners to ensure that participants and their children receive treatment, support, and education services. **Eligibility.** Women with dependent children in the home or with a reunification plan in place if children removed, who are experiencing substance abuse and/or domestic violence, and are 200% below the poverty level.

DRUG AND ALCOHOL/SUBSTANCE USE

Alanon Meetings (for families and friends of alcoholics)

Website: www.al-anon.org

Please check the website to confirm the following meeting locations and see days and times of meetings:

Marion County and surrounding area:

- The Coffee Club located at 120 South Depot Street in Lebanon
- Loretto City Hall located at 100 School House Drive in Loretto
- The Haven Clubhouse located at 622 East Maple Street in Campbellsville
- Campbellsville Baptist Church located at 420 North Central Avenue in Campbellsville

Nelson County and surrounding area:

- First Presbyterian Church located at 209 North Second Street in Bardstown
- St. Monica's Parish Hall located at 407 South Third Street in Bardstown
- First Christian Church located at 175 East John Rowan Blvd. in Bardstown

Washington County and surrounding area:

- First Christian Church located at 555 East Lexington Avenue in Danville

Alateen Meetings (for teens, ages 9 to 18, affected by someone else's drinking)

Marion County and surrounding areas:

- Currently no groups.

Nelson County

- St. Monica's Parish Hall located at 407 South Third Street in Bardstown

Washington County and surrounding areas:

- Currently no groups.

Alcoholics Anonymous (12-step recovery meetings)

502-334-6862

5th District Contact: 800-467-8019

Website. <https://www.aa.org>

Services. Provides support through a fellowship of men and women who have had a drinking problem. Non-professional, self-supporting, multi-racial, apolitical, and available almost everywhere. Please call the number above or visit the website for information on upcoming meetings. **Eligibility.** Anyone who wants to do something about his or her drinking problem.



Alcohol/Drug Abuse Recovery Center

270-765-5145

Services. Provides 30-day inpatient program. Also offers education, self-help groups, individual and group therapy, and family counseling, outpatient services, and DUI treatment. **Eligibility.** Anyone suffering from alcohol and/or drug dependency. **Fees.** Accepts most major insurance companies and Medicaid and Medicare. Sliding scale fee is also available.

Addiction Recovery Center (ARC)/Crown Recovery Center

24/7 addiction help hotline: (888) 520-9126

2735 Bardstown Road in St. Catherine

502-900-2040

Website. www.arccenters.com/Crown-recovery-center

Services. Offers full continuum of care including residential, transitional, intensive outpatient, outpatient, medically assisted treatment (MAT), vocational rehabilitation, and job training. Holistic treatment program with CARF-accredited clinical programs, medical services, a Christ-centered spiritual emphasis that includes the 12 steps and chaplaincy care, and a broadening scope of vocational training opportunities for clients.

Eligibility. Accepts Kentucky Medicaid plans.

Alcohol/Drug Dependency Hotline

800-729-6686 or 800-432-9337

Astra Behavioral Health

1013 Granite Drive in Bardstown

502-349-3100

420 Loretto Road, Suite 200 in Lebanon

270-321-4480

200 Ring Road in Elizabethtown

270-506-2730

Website. www.astrabh.com

Services. Provides psychiatric services (evaluations, medication management and monitoring, etc.), therapy (assessments, individual, family, marriage, therapeutic, etc.), target case management, Supported Employment, and substance abuse services.

Bardstown Participation Station

502-507-1884

138 Robin Drive in Bardstown

Website. www.participationbardstown.org or www.communicareservices.org

Services. Offers a safe environment where individuals can learn and develop vital skills to enhance their recovery experience and provides opportunities to return to a productive, healthy and meaningful life. Educates, empowers, and enhances the lives of individuals moving toward recovery and mental wellness. Provides class on self-advocacy through managing stress, computer skills, art relaxation, and other activities. Offers non-emergency peer-to-peer telephone support to individuals living with mental illness.

Eligibility. Adults with disabilities, low income, mental health issues, and/or addiction.

Become a Smoke-Free Teen: Quit Vaping

Website. <https://teen.smokefree.gov/>

Services. Explains tools to help you quit and how to use them.

BrightView Health

833-510-HELP (4357)

830 West Broadway in Campbellsville



Services. Immediate access to physician/clinical support; individual counseling and group therapy; peer support and case management services; medication assisted treatment; 24-hour scheduling; walk-ins accepted until 3:00 p.m. on weekdays. Accepts Medicaid, Medicare and commercial insurance.

Casey’s Law

Website. www.CaseysLaw.org or www.CaseysLaw.blogspot.com

Facebook. [Facebook.com/caseywethingtonact](https://www.facebook.com/caseywethingtonact)

Services. Provides means of intervening with someone who is unable to recognize his/her need for treatment due to their impairment. This law allows parents, relatives, and/or friends to petition the court for treatment on behalf of the person who has a substance use disorder. To find a copy of the law, visit www.irc.state.ky.us. Click on the Legislative Resources link and choose KRS 222.430 to 222.437.

Center for Behavioral Health

270-234-8180

2645 Leitchfield Road, Suite 104 in Elizabethtown

Website. www.centerforbehavioralhealth.com

Services. Provides several options for treatment in Louisville, Frankfort, Elizabethtown, Bowling Green, and Richmond. See website for specifics at each location.

Communicare

859-336-7746

Crisis Line: 1-800-641-4673 (Hope)

324 East Main Street, Springfield

Website: <https://www.communicare.org>

Services. Mental health center providing behavioral health, developmental disabilities, and substance use services in Marion, Nelson, and Washington Counties. Locations include:

Communicare Clinic

Masonic Temple Bldg.
65 Old Springfield Road,
Suite 2
Lebanon, KY 40033
270-692-2509

Communicare Clinic

331 South Third Street
Bardstown, KY 4004
502-348-9206

Communicare Clinic

324 East Main Street
Springfield, KY 40069
859-336-774

Counseling Services of Bardstown

502-349-3240/502-912-8137

321 West Stephen Foster Avenue in Bardstown

Services. Provides a variety of therapy to adults, such as family, individual (depression, anxiety, substance abuse, phobias, etc.), marital, stress management, post-divorce, anger management, trauma and PTSD, grief, family conflict, etc. Offers video and/or telehealth services.

County Attorneys

Services. Provides prosecution of criminal law violations including all misdemeanors, such as DUI offenses, traffic violations, assault, and theft of less than \$300. Have prosecutorial jurisdiction over juvenile issues (criminal acts, dependency, neglect, and abuse). Works with judges to issue emergency protective orders in domestic violence cases, handle extraditions, and oversee mental commitments and disability cases. Handles felony preliminary hearings and prosecute to recover delinquent taxes. Can also assist with Casey’s Law.

Marion County Attorney’s Office, located at 104 West Main Street in Lebanon. **270-692-1260.**

Nelson County Attorney’s Office, located at 602 Bloomfield Road in Bardstown. **502-348-1850.**



Washington County Attorney's Office, located at 108 West Main Street in Springfield. 859-336-3901.

Embrace Hope Recovery Center

502-331-6002

1000 East John Rowan Boulevard, Suite #107, in Bardstown

Website. www.embrace-hope-recovery-center.business.site

Services. Addiction treatment center offering services that include: counseling (individual, family, group), case management services, peer support services, Batterer Intervention Program (30-week program designed to address men and women who batter-meets the court order criteria), Trauma Informed Care, referrals, medication assisted treatment, suboxone provider, Casey's Law Assessments, and DUI classes.

Find Help Now

833-8KY-HELP (833-859-4357)

Website. <https://findhelpnowky.org> After hours, KY Opioid and Assistance Resources Hotline: **800-854-6813**

Services. Provides a list of every Kentucky-based addiction treatment provider accepting clients right now. Talk to a screening and referral specialist, who can help to find a treatment facility and answer questions about treatment. Has a resource library that can provide useful information on treatment, recovery, how to talk to friends/loved ones about their substance disorder, etc.

H.O.P.E. (Helping Others Pursue Excellence)

Crisis Number: 270-699-6418

270-321-4198

106 Cemetery Road in Lebanon

Services. Offers adult day training, behavior supports, community living supports, personal care, respite, supported employment, consultative clinical and therapeutic services, positive behavior support plan, and supported employment.

Isaiah House Treatment Center

859-375-9200

Main campus is located at 2084 Main Street in Willisburg

Website. www.isaiah-house.org

Services. Offers comprehensive, dual diagnosis program through a faith-based, non-profit addiction treatment center that provides short-term and longer-term Residential, Partial Hospitalization (PHP), Intensive Outpatient (IOP) and Outpatient (OP) substance use disorder treatment for men and women. Provides short Medicaid (28 days) treatment and long (8-11 month) treatment with 27 sober living homes for transitional living. Locations:

- Willisburg. Main Isaiah House Campus houses 92 men, and Patricia's Place is a 16-bed short-term Medicaid facility for men.
- Chaplin. Greg Bowen & Jake Juertz Centers are 16-bed Medicaid facilities for men.
- Harrodsburg. The Lisa Walker Center for women offers a 16-bed facility for adult women.
- Danville. Real Hope Behavior Health Outpatient Services offers Intensive Outpatient, Outpatient, and Medication Assisted Treatment and mental health counseling.
- Versailles. Women's Center offers a 28-bed short-term and IOP residential program for women.

Kentucky Moms MATR (Maternal Assistance Towards Recovery)

270-401-1706

Services. A CommuniCare program concerned with preventing drug and alcohol-affected babies. Staff collaborate with a variety of community agencies in order to identify pregnant women to invite to universal prevention services. Each pregnant woman who participates in prevention or treatment services receives incentives for attendance.



KY Opioid and Assistance Resources Hotline

800-854-6813

Kentucky Disaster Response – Recovery Support Services Hub

call or text 1-888-891-2377

Website. <https://kentucky.myrecoverylink.com>

Services. Whether you are looking for in-person treatment for your mental health or substance use, or just want to talk with a supportive person over the phone, their priority is meeting you wherever, whenever, and however works for you. A certified peer recovery support specialist will partner with you to identify ways to best support your immediate needs, as well as be available to continue to support your recovery and wellness goals. Can also access group-based digital recovery support right on the website. Provides support 5 Days a Week (M-F) between 10AM - 4PM EST; Screenings for Mental Health and Substance Use Concerns; Certified Peer Recovery Specialists Who Have Lived Experience; Referrals to Treatment and Physical Health Services (shelter, food, basic needs); No Cost Services at Any Time; In-person and Tele-recovery Service Options.

Lincoln Trail Behavioral Health System

270-351-9444 or 800-274-7374

3909 South Wilson Road in Radcliff

Website. www.lincolnbehavioral.com

Services. Offers outpatient and acute inpatient psychiatric treatment for adults, older adults and adolescent girls. Offers a dual diagnosis treatment program for patients with co-occurring addiction and psychiatric issues; a specialized military mental health treatment program for members of our armed forces; and The Willows Program, an acute trauma program for adolescent girls.

Fees. Accepts Medicare, Tricare, and Kentucky Medicaid (under the age of 21 and over the age of 65) and most commercial insurance plans.

My Life, My Quit

Text START MY QUIT to 855-891-9989

Website. www.MyLifeMyQuit.com

Services. Free service for minors that can help them to quit vaping, smoking, or other tobacco products. Offers live support by phone, text, or online chat. Teens are eligible for up to five calls with an experienced and trained Quit Coach. The program does not provide nicotine replacement therapy.

Narcotics Anonymous

859-253-4673

Louisville Area (includes Bardstown)

502-569-1769

Website. www.na.org

NA Meeting Search app version 2.0 is available for your smartphone or tablet.

Services. Nonprofit fellowship or society of recovering addicts who meet regularly to help each other stay clean.

National Council on Alcoholism and Drug Dependence (NCADD)

800-622-2255

Website: <https://www.ncadd.org>

Services. Works to connect individuals to the appropriate resources in their community to help them recover from addiction. The phone number will be redirected to a local center based on the zip code entered.

Nelson County Addiction Response Effort (NelCARE)

Facebook. <https://www.facebook.com/NELCAREKY/>

Mission Statement. To help prevent substance abuse; to assist in the interdiction of illegal substances; to assist in the treatment of persons with substance use disorder and to reduce the harm to the community caused by the substance abuse epidemic in Bardstown and Nelson County, Kentucky.



Nelson County Assessment & Treatment Services

270-505-5461

101 Manor Avenue, Suite 100, in Bardstown

Services. Offers DUI services, 20-hour education, assessment, intensive outpatient and outpatient therapy.

Not On Tobacco (NOT)

Website. <https://www.lung.org/quit-smoking/helping-teens-quit/not-on-tobacco>

Services. Offers a 10-week, voluntary program for small groups of teens aged 14-19.

One Bridge to Hope

859-481-6091

2655 Bardstown Road in St. Catherine

Website. www.onebridgetohope.com

Services. Provides short-term residential, recovery program that offers Christ-centered counseling, teaching and the 12 steps for women suffering from addiction. Other classes include: basic life skills, parenting, restoring relationships, trauma, grief, anger, nutrition, problem-solving, and more.

Parents of Addicted Loved Ones (PAL) Support Group

502-349-3329

Website. www.palgroup.org

Services. Offers addiction education and support, at no charge, for parents who are trying to save a child from addiction. **Eligibility.** Typically parents, but anyone 18 years+ with a year of sobriety is also invited to attend.

Partnership for Drug-Free Kids

855-378-4373 Text: 55753

Website: <https://drugfree.org> (you can email a specialist from a form on the website).

Services. Free hotline provides one on one help for parents, family member, or caregiver that is looking for help with a child's substance abuse. Phones are answered by trained specialists

R.E.A.C.H Program

502-350-7368

114 North 4th Street, Suites 9 and 12, in Bardstown

Website. www.reachtorestore.org

Services. Private outpatient substance abuse & mental health treatment center. Offers Helping Men Recover, Driving Under the Influence services, Individual, Group, & Family Therapy, Anger Management and Parenting.

Robert Alexander Center for Recovery

502-443-9950

130 Hope Street in Mount Washington

Website. www.robortalexandercenter.com

Services. A drug & alcohol rehab program that offers an evidence-based, personalized, and supportive treatment, including detoxification, residential, partial hospitalization, intensive outpatient, outpatient, family therapy and program, and aftercare planning.

SITE (Strategic Initiative for Transformational Employment)

502-681-6216

Services. Assists individuals active in their recovery from substance use issues. Provides valuable career services and works to cultivate second-chance job opportunities with participating employers. Helps with work opportunities, tax credit, federal bonding, supportive services, success coaching, job entry and retention support, and access to peer support services. Sign up for services online at <http://ekcep.us/site>.

Substance Abuse and Mental Health Services Administration (SAMHSA) Help Line

800-662-HELP (4357)

Website. <https://www.samhsa.gov>



Services. Provides information that can help locate treatment options locally. The office is open Monday through Friday from 8 a.m. to 8 p.m. EST.

Syringe Service Program (Needle Exchange)

Website. www.ltdhd.org

Services. Provides access to sterile needles and syringes, safe disposal of used syringes, and other comprehensive harm reduction services. Offers: sterile injection supplies; disposal of used syringes; Hepatitis C testing; HIV testing; Hepatitis A vaccination; access to clinical services; referral to addiction treatment; and access to Narcan/naloxone. All services are anonymous and confidential. **Locations:**

Marion County Syringe Service Program

270-692-3393

Marion County Health Center, 516 North Spalding Avenue in Lebanon on Wednesdays, 1:00-4:30 p.m.

Nelson County Syringe Service Program

502-348-3222

Nelson County Health Center, 325 South Third Street in Bardstown on Thursdays from 1:00 to 4:30 p.m.

The Addict's Mom (TAM)

Website. www.Addictsmom.com

Facebook. www.facebook.com/groups/TAMKentucky

Services. Global online group that offers a safe place to share loving support, resources, addiction education, blogs, and scholarships to treatment. Embraces and connects mothers and other family members who are struggling with a loved one who suffers from addiction. Offers the opportunity for open, honest sharing of their experiences, sorrows, pain, challenges and victories with their children. Offers specialized groups to members: Grieving Moms, Grandparent to Grandparent, The Addict's Dad, Moms of Minors, and The Addict's Siblings.

The Coffee Club – Lebanon

270-307-8341 or 270-940-0605

Services. 12-step meetings for AA, NA and Alanon

The Healing Place/Campbellsville

270-789-0176

Website. www.thehealingplace.org/campbellsville

Services. Offers substance abuse/inpatient/outpatient treatment.

The Ridge Behavioral Health System

859-269-2325 or 1-800-753-4673

Website. www.ridgebhs.com

Services. Offers psychiatric and chemical dependency treatment.

The W.O.M.E.N. Project (Working On Meeting Employability)

270-769-1304 x1108

1311 North Dixie Avenue, Elizabethtown, KY 42701

Services. Works to eliminate barriers and improve employability, self-sufficiency, and quality of life Provides substance abuse education, domestic violence education, advocacy, and case management to participants. Provides coordination with community partners to ensure that participants and their children receive treatment, support, and education services. **Eligibility.** Women with dependent children in the home or with a reunification plan in place if children removed, who are experiencing substance abuse, domestic violence, and/or co-occurring mental health problems and are 200% below the poverty level.

Truth Initiative

Text DITCHJUUL to 88709

Website. <https://truthinitiative.org/research-resources/quitting-smoking-vaping/quitting-e-cigarettes>

United For Recovery

502-348-1879

860 West Stephen Foster Avenue in Bardstown

Website. www.unitedforrecovery.org

Services. Provides assistance in locating individual or family resources and support for those impacted by substance use disorders. Free Casey's Law advocacy. Harm reduction education and support. Narcan assistance.

University of Kentucky Targeted Assessment Program

Services. Free comprehensive assessments and support services to individuals to fully capture any barriers to self-sufficiency. Collaborate with other systems to engage participants in evidenced-based interventions.

Eligibility. Nelson County resident with dependent child under 18 in their custody or a plan for reunification; suspected or confirmed barrier in one or more of the areas: mental health, substance abuse, intimate partner violence, learning issues, or other barriers to self-sufficiency (i.e.- housing, employment, transportation); 200% or below the poverty guidelines; not a perpetrator of intimate partner violence or sexual abuse.

Virtual Resources:

- **Alcoholics Anonymous Online Intergroup**

Website. <https://www.aa-intergroup.org/directory.php>

Website. <https://www.onlinegroupaa.org>

Website. <http://www.aonlinemeeting.net>

- **In the Rooms (recovery meetings)**

Website. <https://www.intherooms.com>

Services. Free tool that offers weekly online meetings for those in addiction recovery and related issues.

- **Louisville Recovery Community** (recovery meetings)

502-717-8321

Website. <http://louisvillerecoveryconnection.org/>

Services. Hosts weekly recovery meetings via Zoom at <https://linktr.ee/LRCC>, allowing individuals to connect to recovery supports and each other either by phone or computer (video is optional). To schedule a Recovery Coaching appointment, use <https://linktr.ee/LRCC>.

- **Narcotics Anonymous Online Meetings**

Website. <http://12stepforums.net/na/>

Website. <http://virtual-na.org>

Website. <http://na.org/meeting>

- **Recovery Speakers Online.** <https://www.recoveryspeakers.com/speakers/>

- **SMART Recovery** (recovery meetings)

Website. <https://www.smartrecovery.org/community>

Offers warm and caring online community where participants interact and help one another recover from addictive behaviors. Features include daily online meetings, message board, and 24/7 live chat.

- **WE Connect and Unity Recovery** (recovery meetings)

Website. <https://www.weconnectrecovery.com/free-online-support-meetings>

Services. Free online recovery support groups 7+ times a day and guest speakers every other Friday.

- **Young People in Recovery** (recovery meetings)

Website. <https://www.youngpeopleinrecovery.org>

Services. Provide life skills and peer supports to help people recover from substance use disorder and reach their full potential.



Voices of Hope

859-303-7671

Family Information & Support Line: 888-Hope4KY (467-3459) Website: <https://www.voicesofhopelex.org>
Services. Helps people in recovery stay in recovery by providing no-cost support services, conducting research, and educating and advocating for the community.

EDUCATION and FAMILY RESOURCE AND YOUTH SERVICES CENTERS

Bardstown City School District.

Central office is located at 308 North 5th Street in Bardstown	502-331-8800
Bardstown Early Learning Center: 980 Templin Avenue in Bardstown	502-331-8804
Family Resource Center	502-331-8804
Bardstown Primary School: 1000 Templin Avenue in Bardstown	502-331-8810
Family Resource Center	502-331-8810
Bardstown Elementary School: 420 North Fifth Street in Bardstown	502-331-8801
Family Resource Center	502-331-8808
Bardstown Middle School: 410 North Fifth Street in Bardstown	502-331-8803
Youth Services Center	502-331-8893
Bardstown High School: 400 North Fifth Street in Bardstown	502-331-8802
Youth Services Center	502-331-8893
The Healthy Kids Clinic located at Bardstown Elementary School	502-331-8887
Telehealth Service	844-435-0900

Bardstown Educational Enrichment Program (BEEP)

502-331-8920x7502

Website: <https://www.bardstown.kyschools.us/ChildCareServices.aspx>

Services. Child care program operated by Bardstown City Schools. Provides a safe environment that offers supervision and organized activities for pre-school through 12 years old.

Bardstown/Nelson County Adult Education

502-331-6242

407 South Third Street in Bardstown (behind St. Monica Church)

Services. Provides GED instruction and English Language Learners (ELL) classes. Tests administered include TABE testing for industry and the WIA program, Bennett Mechanical Test, SAGE Test, and Paraprofessional Test.

Eligibility. 16 years of age and older.

Bethlehem High School

502-348-8594

309 West Stephen Foster Avenue in Bardstown

Website: www.bethlehemhigh.org

Central Kentucky Community Action-Community Services

Services. Provides assistance with costs of obtaining GED, other educational goals, or transportation; helps to offset tuition costs through scholarships for low-income graduates and GED recipients pursuing education in Agriculture, Business, Education, Medicine or Social Services; provides limited scholarships for full-time students; helps with testing fee for a college class; offers assistance with developing and maintaining a family budget by implementing income management strategies.

Marion 270-692-6411
marionca@ckcac.org

Nelson 502-348-9596
nelsonca@ckcac.org

Washington 859-336-7766
washingtonca@ckcac.org



CPR Certification - Bardstown Fire Department

502-349-6562

1 Arch Pendergrass Way, Bardstown KY 40004

Services. Provides certification and/or recertification of CPR.

Educational Opportunity Center (EOC) @ Elizabethtown Community & Technical College

270-706-8469

600 College Street Road in the Academic Technical Building (ATB), Room 103 in Elizabethtown

Website. www.ectc.eoc@kctcs.edu

Services. Helps qualified high school seniors and/or adults to earn their GED or high school diploma, apply or reapply to ANY college or university of their choice, complete financial aid and scholarship applications, and enroll in courses (if attending ECTC). Offers the following free one-on-one and group services: Academic Planning, Academic Preparation, Career Exploration, College Choice, Financial Aid, and Financial Literacy. Provides workshops and presentations on ACT preparation, career development, college preparation, college transfers, FAFSA/FSA ID, and the Work Ready Scholarship. **Eligibility.** Residents of Marion, Nelson and Washington County (and others). Priority is given to first-generation individuals, as well as limited income and military connected individuals.

Fire Prevention and Education - Bardstown Fire Department

502-349-6562

1 Arch Pendergrass Way, Bardstown KY 40004

Services. Offers fire prevention to groups and/or organizations.

KHEAA, Kentucky Higher Education Assistance Authority

270-403-9468

tmwiley@kheaa.com

Website. www.kheaa.com

Services. Provides assistance with financial aid, financial literacy, and admissions to colleges. Provides Dual Credit and Work Ready Scholarships Programs, and programs on transitioning between middle school to high school and high school to whatever is beyond. **Eligibility.** Students and families pursuing higher education.

Learning for Life Book Boxes

Services. Anyone can donate books to the boxes or take a book. Current locations include:

- **Corman's Crossing Subdivision on Illinois Way in Cox's Creek**
- **Nelson County Fire Stations**
 - 212 Plaza Drive in Bardstown
 - 4720 Springfield Road in Bardstown
 - 6249 New Shepherdsville Road in Cox's Creek
- **North Third Street and Broadway in Bardstown** (across from Basking Robbins)

Marion County Adult Education

270-692-2266

214 North Harrison Street in Lebanon

Facebook. www.facebook.com/Marion-County-Adult-Education

Services. Prepares people for success in postsecondary education and in the workforce. Offers GED testing, post-secondary education testing, industry testing, WIA testing, NCRC testing, English classes, and 21st Century Community Learning Center programming.

Marion County Public Library

270-692-4698

201 East Main Street in Lebanon

Website. www.marioncopublic.org



Services. Provides free internet access, computer stations, word processing programs, printers, large format printing, notary service, test proctoring, facsimile service, laminating, scanning, and other equipment, such as DVD player, projection screen, smartboard, microfilm reader, and copier.

Marion County Cooperative Extension

270-692-2421

416 Fairgrounds Road in Lebanon

Website. www.marion.ca.uky.edu

Services. Serves as a catalyst to build better communities and improve quality of life. Provides:

- **4-H Youth Development:** Prepares youth (9 – 18) to be leaders. Opportunities include: 4-H Camp, scholarships, and learning presentation and public speaking skills, how to grow vegetables, nutrition, leadership skills, science and technology, etc. Clubs include: Boots N Saddle, Livestock, School, Shooting Sports, and other project clubs that prepare 4-Hers to enter exhibits into the County Fair.
- **Family Consumer Sciences.**
- **Agriculture and Natural Resources.**
- **Community & Economic Development.**

Marion County Public School District.

Central Office is located at 755 East Main Street in Lebanon

270-692-3721

Website: www.marion.kyschools.us

Marion County High School: 735 East Main Street in Lebanon	270-692-6066
Family Resource and Youth Service Centers	270-692-3517
Marion County Knight Academy: 200 Corporate Drive in Lebanon	270-692-3441
Family Resource and Youth Service Centers	270-692-3441
Marion County Middle School: 1155 Highway 327 in Lebanon	270-692-4578
Family Resource and Youth Service Centers	270-692-4578
Calvary Elementary School: 3345 Highway 208 in Lebanon	270-692-3676
Family Resource and Youth Service Centers	270-692-3676
Glasscock Elementary School: 773 East Main Street in Lebanon	270-692-3223
Family Resource and Youth Service Centers	270-692-2779
Lebanon Elementary School: 420 West Main Street in Lebanon	270-692-3883
Family Resource and Youth Service Centers	270-692-3883
West Marion Elementary School: 8175 Loretto Road in Loretto	270-699-4320
Family Resource and Youth Service Centers	270-692-4320
Marion County Area Technology Center: 721 East Main Street in Lebanon	270-692-3155
Marion County Early Childhood: 755 East Main Street in Lebanon	270-692-3721
Hugh C. Spalding Academy & MAREL: 721 East Main Street in Lebanon	270-692-0690
Healthy Kids Clinic	844-435-0900
EL/Migrant Student families and students	270-699-5394

Teachers and staff emails are in the format of FirstName.LastName@marion.kyschools.us.

Migrant Education Program

270-769-8849

201 Hodgenville Road in Hodgenville

Services. Provides compensatory services for children of migratory farmworkers. Provides supplemental educational and supportive services. **Eligibility.** Children, ages 3-21, who are not high school graduates or GED



recipients, moving across school district lines, within past 3 years, seeking temporary/seasonal work in agriculture.

Nelson County Area Technology Center

502-348-9096

1060 Bloomfield Road in Bardstown

Services. Offers vocational and technical certificates, such as health sciences, electronics, air conditioning/refrigeration, welding, carpentry, etc. **Eligibility.** High school students, those pursuing GED, GED graduates, or high school graduates.

Nelson County Cooperative Extension Office

[DL CES Nelson@email.uky.edu](mailto:DL_CES_Nelson@email.uky.edu)

502-348-9204

317 South Third Street in Bardstown

Website. www.Nelson.ca.uky.edu

Services. Serves as a catalyst to build better communities and improve quality of life. Provides:

- **4-H Youth Development:** Prepares youth (9 – 18) to be the leaders. Opportunities include: 4-H Camp, learning presentation and public speaking skills, how to grow vegetables, fishing, cooking, nutrition, leadership skills, science and technology, etc. Clubs include: Teen, Dog, Horse, Shooting Sports, Sportfishing, Goat, and many project clubs that prepare 4-Hers to enter exhibits into the County Fair.
- **Family Consumer Sciences.** Learn about our initiatives, making healthy lifestyle choices, nurturing families, embracing life as you age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering local leaders.
- **Agriculture and Natural Resources.** Whether you are a commercial scale farmer, a backyard gardener, an avid outdoor person, or anything in between, their experts can help you to grow your food, understand the food system and protect the environment.
- **Community & Economic Development.** From revitalizing downtowns to supporting local arts and improving community design.

Nelson County Public Library

Main Branch. 201 Cathedral Manor in Bardstown

502-348-3714

Other locations. 34 Arnold Lane in Bloomfield

502-252-9129

318 Center Street in New Haven

502-549-6735

Website. www.ncplky.org

Services. Offers free access to public computers and wi-fi, inter-library loans, e-books and audiobooks. Offers check out of Wi-fi Hotspots, tablets and laptops. **Eligibility.** Library card holders who are age 18 and above with Library cards in good standing and permanent Nelson County Residents.

Nelson County Public School District.

Central Office is located at 288 Wildcat Lane in Bardstown

Website. www.nelson.kyschools.us

Nelson County Early Learning Center: 1200 Cardinal Drive in Bardstown

502-350-3914

Boston School: 130 Wilson Creek Road in Boston

502-350-2200

New Haven School: 489 High Street in New Haven

502-349-7232

Bloomfield Elementary: 360 Arnold Lane in Bloomfield

502-349-7211

Cox’s Creek Elementary: 5635 Louisville Road in Cox’s Creek

502-349-7050

Foster Heights Elementary: 211 East Muir Avenue in Bardstown

502-349-7030

Old Kentucky Home Middle School: 301 Wildcat Lane in Bardstown

502-349-7040



- Bloomfield Middle: 96 Arnold Lane in Bloomfield** **502-349-7201**
- Nelson County High School: 1070 Bloomfield Road in Bardstown** **502-349-7010**
- Thomas Nelson High School: 150 Generals Boulevard in Bardstown** **502-349-4650**
- The Academy: 304 Wildcat Lane in Bardstown** **502-349-7045**
- Nelson County Area Technology Center: 1060 Bloomfield Road in Bardstown** **502-348-9096**

Family Resource/Youth Services Center (Nelson County) staff contact information is as follows:

- Center of Npowerment: Thomas Nelson High School and New Haven** **502-349-7230**
- FRC Proud: Foster Heights and Cox’s Creek** **502-349-7006**
- Ngagement: Nelson County Early Learning Center and Boston School** **502-350-3914**
- Nmagination: Bloomfield Elementary & Bloomfield Middle** **502-349-7204**
- Nspiration: Nelson County High School, the Academy, and Old KY Home Middle School** **502-349-7025**

Nelson County SkillsU **502-331-6242**

860 West Stephen Foster in Bardstown

Services. Provides GED preparation, adult basic skills for workplace or college preparation, KY Essential Skills Certificate, National Career Readiness Certificate testing, family literacy (homework help with adult enrolled with child), English as a Second Language (ESL), and community education through the Adult Learning Center. Also provides industry testing for many local employers. All services are free.

Ready to Work **270-706-8466**

Services. Helps individuals to earn their GED or college degree. Provides career counseling, advising, mentoring; referrals to community resources, paid work experience that meets KTAP work component requirements, job readiness, life skills, academic success training, assistance with admissions and financial aid for student transitioning to Elizabethtown Community College, job references and referrals, and work study opportunities, both on and off campus.

St. Joseph School **502-348-5994**

320 West Stephen Foster Avenue in Bardstown

Services. Private school that includes preschool, elementary, and middle school grades. Their mission, as an integral part of St. Joseph Parish, is to provide an environment of academic excellence for all students based on Catholic values and traditions.

Student Support Services (SSS) at Elizabethtown Community & Technical College (ECTC) **270-706-8465**

Academic Technical Building, Room 104 at ECTC, 600 College Street Road in Elizabethtown

Website. <http://www.elizabethtown.kctcs.edu>

Services. Provides academic advising, basic study skills development, educational workshops, one-on-one and group tutoring, open computer lab, assistance filling out the FAFSA, financial aid literacy education, economic literacy education, exposure to cultural and social activities, transfer assistance for students seeking a Bachelor’s degree, career planning and exploration, and campus and community referrals. **Eligibility.** Student must meet at least one of the following criteria: low-income individual according to federal income eligibility guidelines; first generation college student; or student with a disability. Student must also be a U.S. citizen (or in process) or legal resident and a current student of Elizabethtown Community & Technical College.



The W.O.M.E.N. Project (Working On Meeting Employability)

270-769-1304 x1108

1311 North Dixie Avenue, Elizabethtown, KY 42701

Services. Provides substance abuse education, domestic violence education, advocacy, and case management to participants. Provides coordination with community partners to ensure that participants and their children receive treatment, support, and education services through SpringHaven Domestic Violence Program, Communicare, and other community services. **Eligibility.** Women with children who are experiencing substance abuse, domestic violence, and co-occurring mental health problems.

TRiO Educational Opportunity Center at Elizabethtown Community and Technical College

270-706-8469

600 College Street Road in Elizabethtown

Services. Offers free services to help qualified high school seniors and/or adults earn a GED or high school diploma, apply or reapply to ANY college or university, financial literacy, career exploration, academic planning and preparation, complete financial aid and scholarship applications, and enroll in courses (if attending ECTC).

Eligibility. Residents of Marion, Nelson and Washington Counties (plus others) who have not earned a Bachelor’s degree. Priority given to first-generation, limited-income, and/or military-connected individuals.

Washington County Adult Education

859-336-1704

160 Corporate Drive in Springfield

Facebook. <https://www.facebook.com/pg/Washington-County-Skills-U-Adult-Education>

Services. Offers free educational services for adults residents of Washington County, including Adult Basic Education (ABE), General Educational Development (GED), college preparation, English as Second Language (ESL), and Workplace Skills. Helps students prepare for GED test, COMPASS assessment, and workplace assessment (NCRC Certification).

Washington County Cooperative Extension Service

859-336-7741

245 Corporate Drive in Springfield

Website. <https://washington.ca.uky.edu>

Facebook. <https://facebook.com/WashingtonCountyKentucky4H>

Services. Provides research-based education, resources, and programs from the University of Kentucky in the areas of horticulture, agriculture, 4-H youth development, and family and consumer services.

Washington County Library

859-336-7655

333 West Main Street in Springfield

Website. www.wcplky.org

Services. Provides fax services, genealogy & local history, Interlibrary Loans, photocopying, and online services.

Washington County Public School District

Website: www.washington.kyschools.us

859-336-5470

Central office is located at **120 Mackville Hill Road in Springfield.**

North Washington Elementary and Middle School: 5658 Hwy 433 in Willisburg

859-375-4038

Family Resource and Youth Services Center

859-375-4038

Washington County Elementary: 601 Lincoln Park Road in Springfield

859-336-5490

Family Resource and Youth Services Center

859-336-7554

Washington County Middle School: 603 Lincoln Park Road in Springfield

859-336-5477

Family Resource and Youth Services Center

859-336-7554



Washington County High School:
Youth Services Center

859-336-5475
859-336-5475

EMPLOYMENT

Astra Behavioral Health

1013 Granite Drive in Bardstown

502-349-3100

420 Loretto Road, Suite 200 in Lebanon

270-321-4480

200 Ring Road in Elizabethtown

270-506-2730

Website. www.astrabh.com

Services. Provides psychiatric services (evaluations, medication management and monitoring, etc.), therapy (assessments, individual, family, marriage, therapeutic, etc.), target case management, Supported Employment, and substance abuse services.

Career Connections

270-769-2371

Student Center on Ground Floor at Elizabethtown Community College

600 College Street Road in Elizabethtown

Services. Provides career assessment, counseling, and resources, as well as resume preparation and interviewing skills. Also offer GED, ASSET, CPP, TABE, ABLE, Bennett Mechanical, SAGE, Nurse Aide, Myers-Briggs, 16PF, CAPS. JOB-O.

Central Kentucky Works

270-589-1991

Services. Assists individuals with government funding to find employment.

Chamber of Commerce

Services. Provides information to small businesses regarding Covid-19, employer information, job listings, unemployment information, etc.:

- Bardstown-Nelson County Chamber of Commerce – bardstownchamber.com 502-348-9545
- Marion County Chamber of Commerce – marioncountykychamber.com 270-692-9594
- Springfield-Washington County Chamber of Commerce - springfieldkychamber.com 859-336-5412x5

Community Action

Website. www.ckcac.org

Services. May be able to assist with clothing for employment. Call your local office:

- Marion: 270-692-6411 Nelson: 502-348-9596 Washington: 859-336-7766
marionca@ckcac.org nelsonca@ckcac.org washingtonca@ckcac.org

Department of Vocational Rehabilitation

502-348-1879

270-746-7489 (Lebanon)

866 West Stephen Foster Avenue in Bardstown

Services. Helps those with disabilities gain employment through a variety of services. Also provides guidance, counseling, evaluation, treatment, training, and job placement.

Goodwill Industries

502-585-5221

Website. www.goodwillky.org/programs



Services. Assists motivated job seekers who need help getting their foot in the door with employers or who are in need of a second chance to participate in the workforce. They offer the Workforce Ready Certificate to graduates of Goodwill's Soft Skills Academy.

Guthrie Opportunity Center

502-348-2481 or 502-348-3989

900 Nutter Drive in Bardstown.

Services. Partners with Communicare to provide meaningful employment for the developmentally disabled through a variety of work opportunities with community partners, who allow Work students to participate in their business as part of their class work or with opportunities through a Supportive Employment Program, including sorting, package assembly, product labeling and more. Some have hired GOC individuals within their businesses. Provides workshops for adults with mental disabilities. Participants learn job skills in a controlled environment.

Guthrie Opportunity Center's Go to Work Discovery Program

502-348-3989

Services. Partnership effort between the Guthrie Opportunity Center Foundation, Nelson County and Bardstown City Schools, and Communicare. Using the Guthrie Opportunity Center as a base, students are transported from their schools on a daily basis, four days a week. Provides each student with a broad range of work/life skills training, including: Workplace Orientation; Workplace Experiences; Manners; Work Etiquette; Communication; Proper Attire; Personal Hygiene; and Work at Local Businesses. Work activities are monitored and mentored to ensure the greatest opportunity to excel in the workplace. Overall objective: find independent employment for as many students as possible, empowering them to achieve independence and success within the community. **Eligibility.** Available to high school and home school students, age 16-21.

The Hub Workforce Resources

502-348-9545

Website. www.Hub.bardstownchamber.com

Services. Helps individuals to find employment, employers to find employees, students to find work-based learning opportunities, and community to find resources.

Isaiah House Job Training and Employment Program

859-375-9200

Services. Helps recovering addicts to regain their lives. Guarantees full-time employment to those in their long-term recovery program. Provides them with the opportunity to learn how to apply recovery skills to real life situations, while continuing to receive professional clinical and case management services needed.

Kentucky Career Center

270-766-5115

233 Ring Road in Elizabethtown

Website. www.kcc.ky.gov

Services. Assists with unemployment benefits. Employers can post jobs and job seekers can apply. Helps individuals find a job or summer employment, prepare a resume or cover letter, fill out applications, learn interview tips, etc. Provides career counseling or employment assessment, helps with special accommodations in order to work. Provides resources for paying for college/technical school.

- **Bardstown: 860 West Stephen Foster Avenue in Bardstown.** **270-735-6189**
- **Lebanon/Marion Career Center: 516 Work Shop Lane in Lebanon.** **270-692-6870**
Visit <https://www.marioncountky.com> for a list of current job openings in the area.
- **Springfield/Washington Career Center: 111 North Cross Main Street in Springfield.** **270-692-6870**



Every Tuesday from 8:00 a.m. to 4:30 p.m.

Additional Unemployment Insurance Phone Numbers:

- PIN Reset 502-564-2900
- File a Claim 502-875-0442
- Request a Payment 877-369-5984
- Federal or Military Claims 502-564-3240
- Claims that combine KY wages and out of state wages 502-564-3240
- KY claims for person who lives out of state 502-564-2384
- Employer chargeability 502-564-3243
- Claims filed on behalf of employee by employer 502-564-2369
- Overpayment of benefits, liens filed against person 502-564-2387
- Dispute resolution 502-564-0020
- Report possible benefit fraud 502-564-2387
- Potential or pending appeals 502-564-3925

Kentucky Farmworker Program 800-950-3276

Services. Offers services for farm workers, such as job placement and training.

Office for Employment and Training 502-348-2709

860 West Stephen Foster Avenue in Bardstown

Services. Provides job referrals, unemployment insurance, Basic Skills Program, employer counseling, and federal Jobs Training Partnership Act (JTPA) services.

SITE (Strategic Initiative for Transformational Employment) 502-681-6216

Website. <http://ekcep.us/site>

Services. Assists individuals active in their recovery from substance use issues. Provides valuable career services and also works to cultivate second-chance job opportunities with participating transformational employers. Helps with work opportunities, tax credit, federal bonding, supportive services, success coaching, job entry and retention support, and access to peer support services.

The W.O.M.E.N. Project (Working On Meeting Employability) 270-769-1304 x1108

1311 North Dixie Avenue, Elizabethtown, KY 42701

Services. Works to eliminate barriers and improve employability, self-sufficiency, and quality of life. Provides substance abuse education, domestic violence education, advocacy, and case management to participants. Provides coordination with community partners to ensure that participants and their children receive treatment, support, and education services. **Eligibility.** Women with dependent children in the home or with a reunification plan in place if children removed, who are experiencing substance abuse, domestic violence, and/or co-occurring mental health problems, and are 200% below the poverty level.

The Work Connection (Lebanon) employment agency 270-692-0066

Unemployment Insurance (270) 692-6870 or (270) 692-0283

Website. www.KCC.KY.GOV **Hours** are Monday–Friday, 7:00 a.m. to 7:00 p.m.; Sunday 10:00 a.m. to 9:00 p.m.



You can file your Unemployment Insurance Benefit claim and/or your Bi-weekly Unemployment Insurance Benefit online. You can also request it by phone at **877-3MY-KYUI** or **877-369-5984 (toll-free)**.

If you have recently been laid off and need to file for unemployment insurance:

- General information: <https://educationcabinet.ky.gov/Pages/default.aspx>
- To file an unemployment insurance claim visit <https://kcc.ky.gov/Pages/default.aspx> or call one of Kentucky 12 Work Centers to file your claim <https://kcc.ky.gov/Pages/Locations.aspx>.

Unemployment Insurance claimants who do not have access to the Internet or who speak Spanish can call 502-875-0442, Monday through Friday between 7:30 a.m. and 5:30 p.m. to file initial claims or re-open claims by telephone. This is not a toll-free number.

Way to Work

270-506-4950

580D Westport Road in Elizabethtown

Email: waytowork@goodwillky.org

Website. <https://www.unitedwayck.org/way-work-0>

Services. Helps members achieve full-time employment with benefits, find stability, and improve lives at no cost. Provides employment coaching, educational resources, job readiness training, financial literacy and budget services, barrier removal services, and legal advocacy. **Eligibility.** Willingness to work full-time; able to attend and meet requirements; at least 18 years of age; drug free; at or below 200% of poverty level; willing to have a police record check; living in stable housing; and legal to work in U.S.

Workforce.ky.gov

Services. Provides information regarding laying off employees, applying for unemployment, looking for employment, or looking for employees.

EXPUNGEMENT SERVICES

Lebanon/Marion County Career Center

270-692-6870 or 270-692-0283

Services. Call for information on expungement dates in our area.

Legal Aid Society

(502) 584-1254

Services. Has a partnership with Goodwill to provide expungement services.

FINANCIAL ASSISTANCE (RENT/UTILITIES/HEALTHCARE/MEDICAID/ETC.)

Child Care Assistance Program

Website. <https://benefind.ky.gov>

Services. Offers assistance to working families for Child Care services. Call for child care programs by county.

Community Action

Website. www.ckcac.org

Services. Provides emergency rental, mortgage, and/or utility payment assistance, Low-Income Home Energy Assistance Program (LiHeap), winter care assistance, food, homeless assistance, Federal Emergency Management (FEMA), holiday giving, etc. Call the local office for assistance.

- **Marion 270-692-6411** **Nelson 502-348-9596** **Washington 859-336-7766**
marionca@ckcac.org nelsonca@ckcac.org washingtonca@ckcac.org



Kentucky Utilities Heating Assistance Program.

Services. Eligible Kentucky Utility customers will receive an \$88 credit on their electric bill during the seven months of expected highest electricity usage. **Eligibility.** Must be a Kentucky Utility customer, have an application for LiHeap Subsidy, and keep bills current (not going into disconnect).

Low-Income Home Energy Assistance Program (LIHEAP)

Marion County Community Action, 334 Hood Avenue in Lebanon **270-692-6411**

Nelson County Community Action, 219 East Muir Avenue (rear entrance) in Bardstown **502-348-9596**

Washington County Community Action, 114 South Doctor Street in Springfield **859-336-7766**

Website. www.ckcac.org/services/home-energy-assistance/liheap/

Services. Can offer relief to low-income residents on their home heating and cooling costs.

Weatherization Program

270-259-0021

Website. www.ckcac.org/services/home-energy-assistance/weatherization-assistance-program/

Services. Works to reduce energy waste and assure the health and safety of each client served. Trained technicians help qualifying low-income families improve the overall energy efficiency of their homes, saving money and enhancing the quality of life for residents in Marion, Nelson and Washington Counties. Applications can be obtained at local Community Action offices (see above).

Department of Community Based Services (DCBS)

Hotline 855-306-8959

Website. www.chfs.ky.gov/agencies/dcbs and/or www.benefind.ky.gov (public benefits)

Services. Provides family support, child care, child and adult protection; eligibility determinations for Medicaid and food benefits; and administration of an energy cost-assistance program. Administers state foster care and adoption systems and recruits and trains parents to care for the state's children who are waiting for a permanent home. Provides services to enhance the self-sufficiency of families; improves safety and permanency for children and vulnerable adults; and engage families and community partners in a collaborative decision-making process. Provides food stamps, financial aid to families with dependent children, medical cards, social services, child care, etc. Local DCBS offices for financial support (see Child Abuse for phone numbers for this service):

Marion County at 634 West Main Street in Lebanon **855-306-8959**

Nelson County at 901 Atkinson Hill in Bardstown **855-306-8959**

Washington County at 803 Bel Vista Drive, #1 in Springfield **855-306-8959**

Department of Public Assistance

Website. <https://kentucky.gov/health>

Services. Offers information on assistance programming such as SNAP (food stamps), K-TAP, Medicaid.

Humana Healthy Horizons

1-800-444-9137

Website. www.humana.com/kentuckycare

Services. Offers statewide Medicaid Health Insurance Plan. Provides portable crib as a Moms First benefit; cell phone service; doula (birth companion) services before, during and after a pregnancy; and no copayments or cost share on all services. **Eligibility.** Families and individuals who have income and resources within established guidelines. Resources only apply to the aged, blind, or disabled population with the established guidelines.



Kentucky Health Benefit Exchange

800-635-2570

Website. <https://benefind.ky.gov>

502-536-0198 or 855-459-6328

Services. Assists individuals who need special healthcare coverage during the pandemic. Coverage is temporary and ends 2 months after the application month, unless you submit an application for regular Medicaid. Application Assisters can help you and your family submit an application for temporary Medicaid over the phone at no cost. For a listing of participating medical providers, visit the Kentucky Medicaid Provider Directory online.

Kentucky Health Care Access Line

800-633-8100

Kentucky Integrated Health Insurance Premium Payments Program (KI-HIPP)

Website. <https://benefind.ky.gov>

Services. Offers employees reimbursement for premiums paid for employer-sponsored health insurance, including Retiree Health/COBRA/United Mine Workers Insurance, if found cost-effective to the Commonwealth.

Kentucky Transitional Assistance Program (KTAP)

Website. <https://benefind.ky.gov>

Services. Provides cash assistance to families with children basic needs such as rent, utilities, etc.

Legal Aid Society

(502) 584-1254 or (800) 292-1862

Website. www.yourlegalaids.org

Services. Can work with tenants and homeowners on eviction prevention and defense, as well as foreclosures.

Marion County Community Service Center

270-692-4748

Located in the basement of the First Christian Church.

Services. Provides utility assistance to needy individuals.

Medicaid

855-459-6328

Website. www.benefind.ky.gov or www.healthbenefitexchange.ky.gov

Services. Provides healthcare for eligible individuals. Offers services directed at specific eligibility and medical needs. For a listing of participating medical providers, please access the Kentucky Medicaid Provider Directory. You can also contact your local Department for Community Based Services at the numbers below:

Marion County – 634 West Main Street in Lebanon **270-692-6036**

Nelson County – 901 Atkinson Hill in Bardstown **855-306-8959**

Washington County – 803 Bel Vista Drive in Springfield **855-306-8959**

Eligibility. Dependent on family size, income, and federal poverty level. Eligibility for Supplemental Security Income recipients, the aged, blind, and disabled are based on additional requirements.

Nelson County Community Clinic, Inc.

502-349-5990

nccc@bardstown.com

Website. www.nelsoncommclinic.org

300 West John Fitch Avenue, Suite 200, Bardstown KY 40004

Services: Provides medical (visits, lab testing), dental (exams, cleaning, extractions, minor restoration, partials and dentures-patient is responsible for ½ the cost of a set of dentures and the Clinic pays the other ½), prescription assistance and vision care (exams and eye glasses), as well as Medicare benefits counseling. All



services are at no cost to the patient. Medical staff also provides education on Diabetes to patients. **Eligibility:** Serves the working or medically disabled adult residents of Nelson County who are low-income (200% federal poverty level) and the uninsured /underinsured. Medicare benefits counseling service is for all Nelson County residents regardless of income.

Office for the Blind **270-766-5126**

233 Ring Road, Suite 100 in Elizabethtown

Services. Medical evaluation, counseling, surgery, guidance, visual aids, and employment assistance. **Eligibility.** Individuals who are blind or visually impaired in Marion, Nelson, and Washington counties (and others).

Pandemic Electronic Benefit Transfer (P-EBT) **855-306-8959 (select Healthcare & Food Benefits option)**

Website. www.chfs.ky.gov

Services. Provides benefits to households with children eligible for free or reduced-price school meals through the USDA National School Lunch Program during the Covid-19 response. Provides a benefits card that families can use to replace school meals. For households receiving SNAP benefits, P-EBT benefits will be added to existing EBT card. For those not receiving SNAP, a card will be mailed to the home address for each eligible child. **Eligibility.** Students who attend public or private schools offering National School Lunch Program who qualify for free or reduced-price meals are eligible if students were/are enrolled in a virtual or hybrid learning model, as verified by their school district. No application is required. Eligible students are automatically approved.

Protect My Kentucky Home Mortgage Assistance **866-830-7868**

Salvation Army **502-583-5391**

Website. www.salvationarmy.org/KY

Services. Disaster Services, Emergency Shelter, Casework, Food Pantry, and Residential Camping Activities

Social Security Administration **toll-free 800-772-1213**

591 Westport Road in Elizabethtown **866-596-7123**

101 Hiestand Farm Road in Campbellsville **877-828-1695**

Website. www.ssa.gov

Services. Apply for Social Security Insurance, Social Security Disability Insurance, Medicare, Social Security card

Supplemental Nutrition Assistance Program (SNAP) (formerly food stamps) **855-306-8959**

Website. <https://benefind.ky.gov/>

Services. Helps individuals and families stretch their food budget and buy healthy foods. Helps people with little or no money buy food for healthy meals at participating stores. Call the local Department of Community Based Services office (see above) to apply in person or complete, print the hardcopy of the application from the Benefind website, and mail it to DCBS, P.O. Box 2104, Frankfort, KY 40602. **Eligibility.** Any household meeting basic income and other requirements may be able to receive SNAP benefits.

Social Security Administration **toll-free 800-772-1213**

591 Westport Road in Elizabethtown **866-596-7123**

101 Hiestand Farm Road in Campbellsville **877-828-1695**



Website. www.ssa.gov

Services. Apply for Social Security Insurance, Social Security Disability Insurance, Medicare, Social Security card.

Passport Health Plan

502-536-0198

During the pandemic, individuals who need special health coverage, should contact a Passport Application Assister. Coverage is temporary and ended on June 30, 2020, unless you submitted an application for regular Medicaid. Application Assisters can help an individual and family submit an application for temporary Medicaid over the phone at no cost. This is available in Marion, Nelson, and Washington Counties.

Salvation Army of Nelson County

Services. Provides financial assistance to individuals, families, and children in need, as well as those in emergency situations. Email for more information at westrupa@bellsouth.net.

St. Vincent de Paul in Bardstown – Client Assistance

502-348-9752, ext. 101

118 East Broadway in Bardstown

Website. www.svdpbard.org

Services. Emergency rent, gas and utility assistance is available, Monday through Thursday. Income guidelines apply. Make an appointment by calling 502-348-9752, option 4. If no answer, leave a message. **Eligibility.** Nelson County residents. Other services by St. Vincent de Paul:

- **The Mission Store** is located at 310 North Second Street in Bardstown. Call **502-348-9752 x103** for more information.
- See Food below for information on the **Bread for Life Food Pantry** services.

Temporary Assistance for Needy Families (TANF)

855-306-8959

See **Tax Preparation** below for additional assistance.

University of Kentucky Targeted Assessment Program

Services. Provides free comprehensive assessments and support services to fully capture any barriers to self-sufficiency. Collaborate with other systems to engage participants in evidenced-based interventions. **Eligibility.** Nelson County Adult with a dependent child under the age of 18 in their custody or plan to still reunify the child; suspected or confirmed barrier in one or more of the following areas: mental health, substance abuse, intimate partner violence, learning issues, or other barriers to self-sufficiency (i.e. housing, employment, transportation); 200% or below the poverty guidelines; and not a perpetrator of intimate partner violence or sexual abuse.

WIC (Women, Infants, and Children) Program (through the Lincoln Trail District Health Departments)

Website. www.ltdhd.org.

Services. Provides nutrition counseling and education, supplemental foods, breastfeeding promotion and support, and referrals to health care. **Eligibility.** Pregnant, breastfeeding and/or postpartum women with baby or child under 5 years old. Local offices:

Marion County Health Department is located at **516 North Spalding Avenue in Lebanon.**

270-692-3393

Nelson County Health Department is located at **325 South Third Street in Bardstown.**

502.348-3222

Washington County Health Department is located at **302 East Main Street in Springfield.**

859-336-3989



FIRE DEPARTMENTS

Bardstown	502-349-6562
Boston	502-833-4623
City of Bradfordsville	270-337-3200
Chaplin	502-348-3600
Lebanon	270-692-6830
Loretto	270-865-4422
New Haven	502-549-1122
New Hope	502-549-3738
Northeast Nelson	502-252-5301
Rolling Fork	502-549-1122
Nelson County Fire & Rescue	502-331-6205
Nelson County Dispatch	502-348-3600
Raywick	270-692-0866
Springfield	859-336-9718

Bardstown Fire Department – Fire Extinguisher Training 502-349-6562

1 Arch Pendergrass Way, Bardstown KY 40004

Services. Train workers on how to use a fire extinguisher. **Eligibility.** Any business.

Bardstown Fire Department – Fire Prevention and Education 502-349-6562

1 Arch Pendergrass Way, Bardstown KY 40004

Services. Will speak with groups and/or organizations on fire prevention. **Eligibility.** Anyone.

Bardstown Fire Department – Smoke Detectors 502-349-6562

1 Arch Pendergrass Way, Bardstown KY 40004

Services. Will come to your home and tell you how many smoke detectors you need. If you cannot afford them, they will install them for you. **Eligibility.** Anyone who owns their home.

Oreo, Bardstown Fire Dog 502-974-3198 firechief@bardstowncable.net

1 Arch Pendergrass Way, Bardstown KY 40004

Services. Their fire dog, Oreo, makes public appearances at businesses, hospitals, nursing homes, schools, or group meetings (no political rallies). **Eligibility.** Open to all.

FOOD

Bardstown Blessings Boxes. Contain nonperishable food items that can be accessed by community members in times of need or replenished by anyone. The boxes are currently located throughout Nelson County:

- Bardstown Community Park, 407 East Halstead in Bardstown
- Bardstown Recreation Center on West Broadway in Bardstown
- Bardstown Senior Center on Demaree Drive in Bardstown
- Big Spring Bloomfield Presbyterian Trinity Baptist Church, 148 Fairfield Hill in Bloomfield
- Botland Christian Church, 5326 Springfield Road in Bardstown



- Cedar Creek Baptist Church, 754 Bellwood Road in Bardstown
- City of Bardstown Educational Complex, East John Muir Street in Bardstown
- Culvertown Community Center in Culvertown
- Gallery on the Square, 90 Court Square in Bardstown (contains art supplies)
- Nelson County Vocational School, 1060 Bloomfield Road in Bardstown
- New Beginnings Baptist Church, 200 Clermont Road in Bardstown
- St. Gregory Parish, 330 Samuels Loop in Cox's Creek
- Vine Hill Baptist Church, 2078 Clermont Road in Cox's Creek

Bardstown Christian Fellowship

502-348-5496

Services. Can assist with delivering a bag of groceries for those who you are self-isolating for medical reasons, over 70, or work in the medical profession. Please leave your name, number and address.

Bread for Life Food Pantry

502-348-7270

Website. www.svdpbard.org

Services. Client choice food pantry that is set up like a grocery store. Clients can shop and select food products that they want and/or need for their families. This includes shelf stable, meats, bread/bakery, and fresh produce.

Eligibility. Residents of Nelson County who are experiencing food insecurity. Based on federal poverty levels. The following information will be required: name and birthdate for all household members (including children); last 5 digits of social security numbers for ALL household members (including children); drivers' license or ID numbers for all adults, proof of residency, and income verification (pay stubs, social security award letters, food stamp award letters, or zero income form).

Locations:

- **Bardstown: 219 East Muir Avenue at the rear of the building.**
- **Boston: 61 Lebanon Junction Road**
- **New Haven: 306 Center Street (next to the post office) enter through the back door**

Community Action

Website. www.ckcac.org

Services. Provides emergency rental, mortgage, and/or utility payment assistance, Low-Income Home Energy Assistance Program (LiHeap), winter care assistance, food, homeless assistance, Federal Emergency Management (FEMA), holiday giving, etc. Call the local office for assistance:

- | | | |
|--|--|--|
| • Marion 270-692-6411
marionca@ckcac.org | Nelson 502-348-9596
nelsonca@ckcac.org | Washington 859-336-7766
washingtonca@ckcac.org |
|--|--|--|

Congregate Meals

Website. <https://ckcac.org/services/meal-programs/>

Services. Provides meals to the elderly. All participants must call their local Senior Citizen Center 24 hours in advance to reserve their meal for the following day.

- **Bardstown Senior Center is located at 112 Plaza Drive, Suite A (502-348-1888)**
- **Lebanon Senior Center is located at 110 West Mulberry Street (270-692-6591)**
- **Loretto Senior Center (270-692-6591)**
- **New Haven Senior Center (502-549-6501)**



- **Washington County Senior Center at 206 Main Cross Street in Springfield (859-336-0909)**

Feeding America – Kentucky’s Heartland (FAKH)

270-735-1407

Website. www.feedingamericaky.org (go to the Find Help tab and select your county)

313 Peterson Drive in Elizabethtown

Services. Receives donations of food and distributes to non-profit organizations/churches. Please bring proof of residence, number of people in household, and identification. Food distributions in the tri-county area:

Marion County

270-692-2136

Run by Marion County Community Action and held at the Marion County Fairgrounds, located at 593 Fairgrounds Road in Lebanon. Held on Week 2 of the month on Thursday from 1:00 p.m. to 3:00 p.m.

Nelson County

Run by the Nelson County Fiscal Court and held at the Nelson County Fairgrounds, 2391 New Haven Road in Bardstown. Held on the 4th Wednesday from 9:00 a.m. to 12:00 noon

Washington County

859-336-7766

Run by Washington County Community Action and held at Idle Hour Park, 1075 Hwy. 55 in Springfield. Held on Week 2 of the month on Thursday from 10:30 a.m. to 1:00 p.m.

God’s Blessings Food Pantry

859-481-8684

Located at the Rockbridge Baptist Church at 460 Rockbridge Church Road in Willisburg.

Services. Food distribution held on the 2nd and 4th Thursday of the month from 10:00 a.m. to 12:00 noon

Guthrie Opportunity Center - On-the-Go Foods

900 Nutter Drive in Bardstown

502-348-8081

458 East Stephen Foster in Bardstown

502-348-1649

Services. A retail and catering program in collaboration with the Guthrie Opportunity Center (GOC). They provide job training, community employment, advocacy, independence, self-confidence and community integration while serving excellent lunches and catered dinners. Order online at www.onthegofoods.com. They also have “take and bake” options for individuals and families (serve 4 – 6 people). By supporting On-The-Go Foods with the purchase of lunch, take and bake meals, or catering services, one can help to provide the job training and the funding to carry out our mission.

Guthrie Opportunity Center Country Gardens

502-348-1144

Website. <http://www.gocountrygardens.com/>

Services. A retail business offering fresh fruits and vegetables, plants, flowers, garden accessories, and old-fashioned candy, as well as country hams and sausage, fruit trays and baskets prepared onsite.

Lebanon Senior Citizen Center.

502-741-6245

Services. Provides meal delivery services.

Eligibility. Individual over the age of 60 in the Loretto/St. Francis/Holy Cross/St. Mary’s area.

Lincoln Trail ADD’s Aging and Disability Resource Center

1-800-264-0393

Services and Eligibility. Any senior (ages 60+) in need of a nutritional meal may contact the local Senior Center. Seniors (ages 60+) who are homebound with no means of transportation can contact Lincoln Trail ADD’s Aging



and Disability Resource Center to obtain a flash frozen home delivered meal for the counties of Marion, Nelson and Washington Counties.

Marion County Back Pack Program

Services. Provides food for children on the weekends. Please contact Nancy Shockency at Nancy.shockency@marion.kyschools.us for information on applying. Can also contact your Family Resource Centers or Youth Services Centers at your school (see Schools below for listing).

Marion County Community Service Center (food assistance)

270-692-4748

Meals from the Heart

502-348-7270 St. Vincent

502-348-3989 Guthrie Opportunity

219 East Muir Avenue, Bardstown

Website. www.svdpbard.org

Services. Coordinated through St. Vincent de Paul, this program provides food and outreach services that enable members of the Nelson County community to live independently, with safety and dignity. The primary mission is to visit those that are homebound and provide them with nourishing meals.

Pandemic Electronic Benefit Transfer (P-EBT)

855-306-8959 (select Healthcare & Food Benefits option)

Website. www.chfs.ky.gov

Services. Provides benefits to households with children eligible for free or reduced-price school meals through the USDA National School Lunch Program during the Covid-19 response. **Eligibility.** Students who attend public or private schools offering National School Lunch Program who qualify for free or reduced-price meals are eligible if: students were/are enrolled in a virtual or hybrid learning model as verified by their school district. No application is required. Eligible students are automatically approved. For households receiving SNAP benefits – P-EBT benefits will be added to existing EBT card. For households not receiving SNAP benefits – a P-EBT card will be mailed to the home address for each eligible child.

Supplemental Nutrition Assistance Program (SNAP) (formerly food stamps)

855-306-8959

Website. <https://benefind.ky.gov/>.

Services. Helps people with little or no money buy food for healthy meals at participating stores. An individual may also call the local Department of Community Based Services (see above) office to apply in person or can complete and print the hardcopy of the application from the Benefind website and mail it to DCBS, P.O. Box 2104, Frankfort, KY 40602. **Eligibility.** Household meeting basic income and other requirements may be eligible.

St. Dominic Church

859-336-3569

303 West Main Street in Springfield

Services. Open on Wednesdays from 9:00 a.m. to 10:30 a.m.

Turn Around Center @ Lebanon Junction

502-488-5046

11980 South Preston Highway in Lebanon Junction

Services. Offers assistance and knowledge through appointments and food pick-up options.



Washington BackPack Program

859-336-7741

Services. Provides meals for children over the weekend. Questions can be directed to the Washington County Cooperative Extension Office.

See “Educational Services” for additional food resources for youth.

HOMELESSNESS

Coalition for the Homeless – Louisville

502-636-9550

1300 South 4th Street, #250 in Louisville

Website: www.louhomeless.org

Services. Coalition that has over 30 shelters, agencies, and advocacy groups in the Louisville area to prevent and address homelessness.

Christy’s Place of Bethany Haven

502-349-8087/502-349-8064

Main Office: 512 Edelen Avenue in Bardstown

Website: www.bethanyhaven.org

Services. 24-hour transitional shelter for women and children. **Eligibility.** Women experiencing homelessness in Nelson County.

Harbour House Inn of Bethany Haven

502-331-3889/502-349-8064

Main Office: 512 Edelen Avenue in Bardstown

Website: www.bethanyhaven.org

Services. 24-hour transitional shelter for men. **Eligibility.** Men experiencing homelessness in Nelson County.

Homeless & Housing Coalition of Kentucky

502-223-1834

306 West Main Street, #207 in Frankfort

Website: www.hhck.org

Services. Statewide coalition of partners/advocates working to end homelessness and create opportunities for low-income Kentuckians to live in affordable homes.

Room In the Inn of Bethany Haven

502-343-7000 (24-hour cell phone)

Main Office: 512 Edelen Avenue in Bardstown

Website: www.bethanyhaven.org

Services. Emergency overnight shelter for men, women, and children. Guests can sign up and be directed to a place to stay at a community church. An evening meal and breakfast are provided. **Eligibility.** Persons experiencing homeless in Nelson County. **Intake:** Visit the Bardstown Presbyterian Church, located at 209 North 2nd Street in Bardstown between the hour of 5:00 p.m. and 6:00 p.m. to complete intake. Should arrive as close to 5:00 p.m. as possible. Call in non-winter months to ensure that the program is running on a particular day.

Nelson County Dispatch

911 emergency/502-348-3211 non-emergency

214 Nelson County Plaza Drive in Bardstown

Website: www.nelsoncountydspatch.com

Services. May provide overnight lodging or food voucher.

National Call Center for Homeless Veterans

877-424-3838

Salvation Army

502-583-5391

Website: www.salvationarmy.org/KY

Services. Disaster Services, Emergency Shelter, Casework, Food Pantry, and Residential Camping Activities



HOSPITALS

Baptist Health Hardin (formerly Hardin Memorial Health)
913 North Dixie Avenue in Elizabethtown

270-737-1212
Website: www.hmh.net

Flaget Memorial Hospital

4305 New Shepherdsville Road in Bardstown
Emergency Care
General/Patient Information

502-350-5100
502-350-5000

Springview Hospital

320 Loretto Road in Lebanon

270-692-3161
Website: www.springviewhospital.com

HOUSING/HOME REPAIRS

Ashberry Manor

502-349-7159

Bard Homes

502-348-0262

Bardstown Farms

502-348-2118

Bardstown Housing Authority – Public Housing & Section Housing Choice Vouchers

502-348-3525

513 West Broadway Street in Bardstown

Website: www.habardstown.com

Services. Provides income-based, drug free, decent, safe and sanitary housing (in good repair) for eligible families and promotes self-sufficiency and economic independence for residents. Assists low-income, handicapped or elderly in Nelson County. Email address is info@habardstown.com. **Eligibility.** Extremely low to low-income individuals.

Bardstown Village Apartments

502-348-2480

Bethany Haven – Christy’s Place

502-349-8064

Main Office: 512 Edelen Avenue in Bardstown.

Website: www.bethanyhaven.org

Services. 24-hour transitional shelter for women and children. **Eligibility.** Women experiencing homelessness in Nelson County.

Bethany Haven - Harbour House Inn

502-349-8064

Main Office: 512 Edelen Avenue in Bardstown

Website: www.bethanyhaven.org

Services. 24-hour transitional shelter for men. **Eligibility.** Men experiencing homelessness in Nelson County.

Bethany Have - Room In the Inn

502-343-7000 (24-hour cell phone)

Main Office: 512 Edelen Avenue in Bardstown

Website: www.bethanyhaven.org

Services. Emergency overnight shelter for men, women, and children. Guests can sign up and be directed to a place to stay in a community church. Evening meal and breakfast are provided. **Eligibility.** Persons experiencing homeless in Nelson County. **Intake:** Bardstown Presbyterian Church, 209 North 2nd Street in Bardstown between the hour of 5:00 p.m. and 6:00 p.m. seven nights a week. Should arrive as close to 5:00 p.m. as possible.



Community Action

Website. www.ckcac.org

Services. Provides emergency rental, mortgage, and/or utility payment assistance, Low-Income Home Energy Assistance Program (LiHeap), winter care assistance, food, homeless assistance, Federal Emergency Management (FEMA), holiday giving, etc. Call the local office for assistance.

- **Marion 270-692-6411** **Nelson 502-348-9596** **Washington 859-336-7766**
marionca@ckcac.org nelsonca@ckcac.org washingtonca@ckcac.org

Healthy at Home Eviction Relief

1-833-597-3687

Email. Evict.eligible@kyhousing.org

Website. www.Teamkyhherf.ky.gov

Services. Assists with past-due rent and utilities during the Covid-19 pandemic. Apply online only on the website. Email is required (tenants and landlords should have each other’s email to apply). Tenants and landlords should both apply. In Fayette County, go to www.covid19renterhelp.org and in Jefferson County, go to www.stopmyeviction.org. **Eligibility.** Renters and landlords in Kentucky. Tenants must meet income restrictions, be impacted by the pandemic, and provide documentation. Landlords must provide documentation, agree to program terms, and forgive fees/penalties.

Home Repair (grant for seniors)

270-766-5115

Lebanon Housing Authority

270-692-3481

Email. lebanonhouse@windstream.net

Website. www.publichousing.com/details/lebanon

101 Hamilton Heights in Lebanon

Services. Promotes adequate, affordable housing economic opportunity and suitable living environment for families without discrimination. All rent is income-based. **Eligibility.** Applications available for public housing (210 units, 1-5 bedrooms), Section 8 Voucher Program and Lincoln View (elderly complex).

My New Kentucky Home Habitat for Humanity

502-348-2664

mynewkentuckyhomehf@gmail.com

Services. Meets 2nd Thursday each month rotating between Marion, Nelson and Washington Counties. Meetings are open to the public. Helps low-income families build their own homes with help of interest-free loans.

New Haven Green

502-549-5344 or 859-319-0599

Rural Development, USDA

270-769-1555

250 Sportsman Lake Road, Suite 100

Services. Assists with housing purchases and repair loans and grants.

Springfield Housing Authority

859-336-7645

Address: 1057 Melavin Circle in Springfield

Website. www.publichousing.com/details/springfield_1

Services. Provides housing assistance through programs such as Low Rent Public Housing and the Housing Choice Voucher Program-Section 8. **Eligibility.** Low-income individuals who meet the guidelines set by HUD.

Room in the Inn – see Bethany Haven above.



Homeless Veterans

877-424-3838

INFORMATION AND REFERRAL SERVICES

Community Action

Website. www.ckcac.org

Services. Provides emergency rental, mortgage, and/or utility payment assistance, Low-Income Home Energy Assistance Program (LiHeap), winter care assistance, food, homeless assistance, Federal Emergency Management (FEMA), holiday giving, etc. Call the local office for assistance.

- **Marion 270-692-6411** **Nelson 502-348-9596** **Washington 859-336-7766**
marionca@ckcac.org nelsonca@ckcac.org washingtonca@ckcac.org

Passport Health Plan – Managed Care Medicaid **1-800-578-0603** www.passporthealthplan.com

5100 Commerce Crossing Drive, Louisville KY 40229

Services: Provides information on hospitals, doctors, prescriptions, and other health services. Case Managers can help with services such as Clothing, Domestic Violence, Drug and Alcohol, Education, Employment, Food, Homelessness, Immigration Services, Medical Services/Health, Mental Health, Suicide, Transportation, Utilities, etc. **Eligibility:** Serves anyone with Social Security Insurance and/or income below 138% of the Federal Poverty Level or \$17,436 for one person. Income goes up based on family size.

St. Vincent de Paul in Bardstown – Client Assistance

502-348-9752, option 4

118 East Broadway in Bardstown

Website. www.svdpbard.org

Services. Emergency rent, gas and utility assistance is available. If no one answers, leave a message and they will get back to you. **Eligibility.** Available to Nelson County residents. Income guidelines apply. Other Services:

- **The Mission Store** is located at 310 North Second Street in Bardstown. Call 502-348-9752 x103.
- See Food below for information on the **Bread for Life Food Pantry** services.

Tri-County Kentucky United Way

Email: director@tricitykyuw.org

321 South Third Street, Bardstown KY 40004

Website. www.tricitykyuw.com

Services. Provides information and referral to local services in Marion, Nelson and Washington counties.

LEGAL ASSISTANCE

County Attorneys provide prosecution of criminal law violations including all misdemeanors, such as DUI offenses, traffic violations, assault, and theft of less than \$300. Prosecutorial jurisdiction over juvenile issues (criminal acts, dependency, neglect, and abuse). Works with judges to issue emergency protective orders in domestic violence cases, handle extraditions, and oversee mental commitments and disability cases. Handles felony preliminary hearings and prosecute to recover delinquent taxes.

- Marion County Attorney’s Office - 104 West Main Street in Lebanon.** **270-692-1260**
- Nelson County Attorney’s Office - 602 Bloomfield Road in Bardstown.** **502-348-1850**
- Washington County Attorney’s Office - 108 West Main Street in Springfield.** **859-336-3901**



County Circuit Clerks provide driver’s licenses and testing, name changes, guardianships, appeals, emergency protective orders, organ donor registry, garnishments, district court misdemeanors and felony cases, etc.

- Marion County Circuit Clerk** - 121 North Spalding Avenue in Lebanon. **270-692-2681**
- Nelson County Circuit Clerk** - 200 Nelson County Plaza in Bardstown. **502-348-3648**
- Washington County Circuit Clerk** - 100 East Main St., Suite 100 in Springfield. **859-336-3761**

County Clerks’ Offices help with motor vehicle titling and registrations, property transfers, deeds and mortgages, voter registration/elections, and marriage licenses.

- Marion County** - 121 North Spalding Avenue in Lebanon. **270-692-2651**
- Nelson County** - 113 East Stephen Foster Avenue in Bardstown. **502-348-1823**
- Washington County** - 117 North Cross Main Street, Suite 1 in Springfield. **859-336-5425**

Legal Aid Society **502-584-1254 or 800-292-1862**

Website. www.yourlegallaid.org

Services. Provides civil legal assistance to families and individuals free of charge. Provides responses to legal questions about unemployment insurance, taxes, stimulus payments, social safety-net programs like KTAP or Medicaid, housing and other legal questions related to the COVID-19 pandemic. Provides resources on legal information, as well as Frequently Asked Questions about unemployment insurance and employee rights.

Eligibility. The elderly, children, victims of domestic violence, and other vulnerable groups whose incomes are at or below 125% to 200% of the federal poverty guidelines in Marion, Nelson, and Washington Counties.

Kentucky COVID Legal Helpline **833-540-0342**

Website: KYCovidLegalHelp.org

Services. Provides access to civil legal assistance and support to resolve issues and restore hope during and after this health and economic crisis. Those experiencing a civil legal problem as a result of or exacerbated by the pandemic may call the 24/7 toll-free Helpline to be connected to the legal aid program serving their county.

MEDICAL SERVICES/HEALTH

AIDS 24-hour hotline **800-342-2437**

Spanish speaking **800-344-7432**

Hearing Impaired **800-243-7889**

Alzheimer’s Disease and Related Disorders Association **800-621-0379**

American Cancer Society **502-584-6782 or 800-ACS-2345 (800-227-2345)**

701 West Muhammad Ali Boulevard in Louisville

Services. Provides support programs, cancer information, and educational material.

American Council of the Blind **800-424-8666**

American Heart Association **502-587-8641**



- American Kidney Fund** 800-638-8299
- American Red Cross – Blood Services** 1-800-RedCross
Services. Distributes blood and blood products to local hospitals and cancer treatment centers. To donate blood, please call to find a community blood location near you.
- Anxiety and Depression Association of America** 240-485-1001
Website. www.afsp.org
- Arthritis Foundation – Kentucky Chapter** 800-633-5335
- Arthritis Medical Center** 800-327-3027
- Blood Pressure Check – Bardstown Fire Department** 502-349-6562
1 Arch Pendergrass Way, Bardstown KY 40004 and 220 North 5th Street, Bardstown KY 40004
Services. Individuals can stop by either fire station and have their blood pressure checked.
- Cancer Support Group** 270-321-0056
Held at the Washington County Library, 333 West Main Street in Springfield 859-336-7655
Services. Provides encouragement, support, and strength to help gain friendships and move forward together.
Eligibility. Open to cancer survivors, family members, caregivers, and friends in surrounding counties.
- Child Car Seats – Bardstown Fire Department** 502-349-6562
1 Arch Pendergrass Way, Bardstown KY 40004 and 220 North 5th Street, Bardstown KY 40004
Services. Will install a car seat for anyone.
- CPR Certification - Bardstown Fire Department** 502-349-6562
1 Arch Pendergrass Way in Bardstown
Services. Provides certification and/or recertification of CPR.
- Encompass Home Health Care** 502-507-1846
Services. Provides skilled nursing, physical therapy, occupational therapy and speech therapy services. Provides disease management, home health aide services, pathology, psychological nursing, and medical supplies.
Eligibility. Physician’s order required to provide services. Marion and Washington Counties (and others). Accepts Medicare, Medicaid, private insurance and private pay.
- Eye Care America** 800-222-3937
- Lincoln Trail District Health Department**
Website. www.ltdhd.org
Services. Provides clinical, preventative health services including medical, nursing, nutrition, social, educational, and environmental interventions designed to assist individuals. Offers services such as: STD treatment and vaccines, pregnancy services and WIC (Women, Infants and Children), HANDS, and HIV testing and screening.



Some provide harm reduction. Most services are provided for a nominal fee, but some are based on income and the number of people in the household. No person is refused for his/her inability to pay.

- Marion County Health Department** - 516 North Spalding Avenue in Lebanon. **270-692-3393**
- Nelson County Health Department** - 325 South Third Street in Bardstown. **502-348-3222**
- Washington County Health Department** - 302 East Main Street in Springfield. **859-336-3989**

Hearing Loss Association of America, Kentucky Home Chapter **502-233-5774**

Website. www.hearinglosskentucky.org. **Email.** info@hearinglosskentucky.org

Services. Self-help organization dedicated to education, advocacy and support for people who do not hear well and those around them. Meets on the 4th Monday at Nelson County Public Library.

Hosparus Health Grief Center **800-264-0521**

Hospice of Central Kentucky **800-686-9577**

105 Diecks Drive in Elizabethtown

Services. Comprehensive specialized home care program provides nursing, home health, social work, pastoral, pharmacy, medical equipment, and grief counseling in Marion and Washington counties. **Eligibility.** Any individual (and their family) who is struggling with any life-limiting illness or disease. **Fees.** Accepts Medicare, Medicaid, and private insurance. No one who meets guidelines is refused due to inability to pay.

Hospice of Nelson County **502-350-5570**

711 McDowell Boulevard in Bardstown

Services. Provides medical and volunteer services to help terminally ill patients and their families. **Eligibility.** Patient is in end-stage of terminal illness. **Fees.** Reimbursement received from Medicare, Medicaid, and private insurance. No one is refused care due to inability to pay.

Intrepid USA Healthcare Services **270-763-9242 or 800-348-0143**

2411 Ring Road, Suite 106 in Elizabethtown

Services. Offers skilled nurses, medical social workers, and home health aides to provide occupational therapy, physical therapy, speech therapy, personal care, and respite. Services Marion, Hardin and Grayson Counties. **Fees.** Medicare, Medicaid, private insurance, private pay, workers compensation, veterans administration, and home and community based waiver programs.

Kentucky Cancer Program **502-348-0143**

810 Morton Avenue, Suite 101 in Bardstown

Cancer Information Service 1-800-4CANCER (422-6237)

Services. Provides cancer education, cancer prevention/early detection presentations, health screenings, risk assessment, and information and referral for patients and families.

Kentucky Industries for the Blind **502-893-0211**

Kentucky Vision Project **800-320-2406**

Email: kvp@kyeyes.org

Website. www.eyeyes.org/vision-care/ky-vision-project



Services. Approved applicants, based on federal poverty guidelines, are assigned to participating doctors in the county where they live. Participating doctors donate examinations to determine eye health, as well as the need for glasses.

Mesothelioma Cancer Support

800-692-8608

Website. www.Mesothelioma.net

Services. Support group dedicated to providing families impacted by mesothelioma cancer.

Nelson County Community Clinic, Inc.

502-349-5990

Email. nccc@bardstown.com

Website. www.nelsoncommclinic.org

300 West John Fitch Avenue, Suite 200 in Bardstown

Services: Provides medical (visits, lab testing), dental (exams, cleaning, extractions, minor restoration, partials and dentures-patient is responsible for ½ the cost of a set of dentures and the Clinic pays the other ½), prescription assistance and vision care (exams and eye glasses), as well as Medicare benefits counseling. All services are at no cost to the patient. Medical staff also provides education on Diabetes to patients. **Eligibility:** Serves the working or medically disabled adult residents of Nelson County who are low-income (200% federal poverty level) and the uninsured/underinsured. The Medicare benefits counseling is for all Nelson County residents regardless of income.

Nelson County Cooperative Extension Office

502-348-9204

Email. DL_CES_Nelson@email.uky.edu

Website. www.Nelson.ca.uky.edu

317 South Third Street in Bardstown KY 40004

Services. Helps to build better communities and improve quality of life. Provides the following services:

- **4-H Youth Development:** Prepares youth to be leaders. Anyone ages 9 through 18 can join. Opportunities include: 4-H Camp, presentation and public speaking skills, growing vegetables, fishing, cooking, learning nutrition, development of leadership skills, learning about science and technology, etc. Clubs include: Teen, Dog, Horse, Shooting Sports, Sportfishing, Goat, and others that prepare youth to enter exhibits into the County Fair.
- **Family Consumer Sciences.** Learn about our initiatives, making healthy lifestyle choices, nurturing families, embracing life as you age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering local leaders.
- **Agriculture and Natural Resources.** Whether you are a commercial scale farmer, a backyard gardener, an avid outdoor person, or anything in between, their experts can help you to grow your food, understand the food system and protect the environment.
- **Community & Economic Development.** From revitalizing downtowns to supporting local arts and improving community design.

Kentucky Cancer Program

877-326-1134

502-348-0143

Website. www.kycancerprogram.org

Services. Coordinates cancer prevention/early detection programs; patient/family services; professional education/training; mobilizes communities to address local cancer problems. You can utilize Pathfinder on their website to link to a variety of cancer resources (ie. Cancer screening tests/tobacco use; information, referral and navigation patient assistance, medical care, survivorship and support groups, and national/state resources.



Kentucky Commission on the Deaf & Hard of Hearing

502-573-2604

Kentucky Health Care Access Line

800-633-8100

Or visit their website at <http://chfs.ky.gov/dph/info/dpqi/kpap.htm>

Kentucky Vision

800-320-2406 or 800-372-7181

Kentucky School for the Blind

502-897-1583

1867 Frankfort Avenue in Louisville

Services. Provides comprehensive educational services to students who are blind and visually impaired, from birth to 21. Offers services such as: [Full-time K-12 Instructional Program](#), Intensive One-to-One Instruction [Short Term Program](#), [Insight College Preparation Program](#), Orientation & Mobility, Braille Skills, [Low Vision Evaluation](#), [Braille/Large Type Textbooks and Instructional Aids](#), Community Work Transition Program, Independent Living, Work Transition, Extended School Services, and Assistive Technology. KSB offers students an array of extracurricular activities, such as: Music ~ Choir, Band, Percussion Ensemble and Keyboarding, Athletics ~ Wrestling, Goalball, Cheerleading, Track /Field and Swimming, Bill Roby Track and Field Games, Braille Readers are Leaders, Braille Challenge Competition, Braille and Low Vision Carnival, Short Term Weekend Retreat, Forensics, Art, Boy Scouts, and Venture Crew.

Kentucky School for the Deaf

859-239-7017

303 South 2nd Street in Danville

Website. <http://www.ksd.k12.ky.us/>

Kentucky Women's Cancer Screening Program

844-249-0708

Website. www.kycancerprogram.org/professional-education-and-training

Services. Provides mammography and cervical cancer screenings through local health departments and/or contract providers. **Eligibility.** Uninsured women age 21 -65 with household income at or below 250% of the federal poverty level.

Oreo, Bardstown Fire Dog

502-974-3198

1 Arch Pendergrass Way in Bardstown KY 40004

Email. firechief@bardstowncable.net

Services. Their fire dog, Oreo, makes public appearances at businesses, hospitals, nursing homes, schools, or group meetings (no political rallies).

Parkinson's Support Group Bardstown

502-350-4458/502-254-3388

Website. www.parkinsoncenter.org

Email. osljane@aol.com

Services. Meets on the 3rd Wednesday of the month at the Nelson County Public Library Community Room.

Eligibility. Open to anyone touched by Parkinson's, including patients, care providers, family and friends.

Passport Health Plan – Managed Care Medicaid

1-800-578-0603

5100 Commerce Crossing Drive, Louisville KY 40229

Website. www.passporthealthplan.com

Services: Provides information on hospitals, doctors, prescriptions, and other health services. Helps with services such as Clothing, Domestic Violence, Drug and Alcohol, Education, Employment, Food, Homelessness, Immigration Services, Medical Services/Health, Mental Health, Suicide, Transportation, Utilities, etc.



Eligibility: Anyone with Social Security Insurance and/or income below 138% of the Federal Poverty Level.

Poison Control Hotline

800-222-1222

Salvation Army

502-583-5391

Website. www.salvationarmy.org/KY

Services. May be able to assist with eyeglasses.

Silverleaf Sexual Trauma Recovery Services

270-234-9236

Toll Free: 877-672-2124

Website. www.silverleafky.org

Email address. contactus@silverleafky.org

324 East Main Street in Springfield

751 South Provident Way in Elizabethtown

Services. Offers 24 hour/365 days crisis services by phone; hospital response to victims at the emergency room; victim advocacy; volunteer program; crisis intervention; forensic interviews; medical exams; consultation; legal advocacy; trauma-informed therapy services; community prevention and education trainings; and counseling. All services are free. **Eligibility.** Victims and non-offending caregivers/family members who have been affected by sexual violence and/or human trafficking. Serve all ages, regardless when the sexual violence occurred. Serves Marion, Nelson, and Washington Counties, as well as others.

Sudden Infant Death Syndrome (SIDS) Support Group

800-221-SIDS (7437)

Syringe Service Program (Needle Exchange)

Website. www.ltdhd.org

Services. Provides access to sterile needles and syringes, safe disposal of used syringes, and other comprehensive harm reduction services. Offers: sterile injection supplies; disposal of used syringes; Hepatitis C testing; HIV testing; Hepatitis A vaccination; access to clinical services; referral to addiction treatment; and access to Narcan/naloxone. All services are anonymous and confidential. **Locations:**

- **Marion County Syringe Service Program** **270-692-3393**
Marion County Health Center, 516 North Spalding Avenue in Lebanon on Wednesdays, 1:00-4:30 p.m.
- **Nelson County Syringe Service Program** **502-348-3222**
Nelson County Health Center, 325 South Third Street in Bardstown on Thursdays from 1:00 to 4:30 p.m.

The Lions Club (assists with vision)

502-583-0564

University of Louisville Dental Clinic

502-852-5096

Visiting Nurse Association (VNA) Nazareth Home Health

502-349-5500

711 McDowell Boulevard in Bardstown

Services. Provides registered nurses; physical, occupational and speech therapists; medical social workers, home health aides, registered dietician, laboratory services, and medical supplies.

Fees. Medicare, Medicaid, private insurance, and private pay. Some services offered regardless of ability to pay.

MENTAL HEALTH

American Foundation for Suicide Prevention

Website. <https://afsp.org>



Services. Provides resources for support groups and professionals, as well as to individuals struggling with suicidal thinking. Funds research and raise awareness for those that are struggling with, or affected by, suicide.

Astra Behavioral Health

502-349-3100 and 270-321-4480

1013 Granite Drive in Bardstown

Services. Inspires and enables individuals and families to achieve highest level of emotional and psychological well-being. Provides psychiatric services (evaluations, medication management and monitoring, etc.), therapy (assessments, individual, family, marriage, therapeutic, etc.), and target case management. Provide groups for military wives, adolescent girls, and ladies (50+).

Anxiety and Depression Association of America (ADAA)

1-240-485-1001

Website. <https://adaa.org>

Services. Provides access to information to help in the prevention and treatment of anxiety and depression. Website offers option to find a local therapist.

Bardstown Participation Station

502-507-1884

138 Robin Drive in Bardstown

Website. www.participationbardstown.org or www.communicareservices.org

Services. Provides a safe environment where individuals can learn and develop vital skills to enhance their recovery experience and provide an empowering spring-board for opportunities to return to a productive, healthy and meaningful life. Educates, empowers and enhances the lives of individuals moving toward recovery and mental wellness. Provides class on self-advocacy through managing stress, computer skills, art relaxation, and other activities. Offers non-emergency peer-to-peer telephone support to individuals living with mental illness. **Eligibility.** Adults with disabilities, low income, mental health issues and/or addiction.

CDC resources for coping with stress during Covid

Website. <https://bit.ly/39UVoEj>

Communicare

859-336-7746

Crisis Line: 1-800-641-4673 (Hope)

Website. <https://www.communicare.org>

Services. Provides behavioral health, developmental disabilities, and substance use services in Marion, Nelson, and Washington Counties. Clinics are located in Marion, Nelson, and Washington Counties, among others:

Communicare Clinic

Masonic Temple Building
65 Old Springfield Rd, Suite 2
Lebanon, KY 40033
270.692.2509

Communicare Clinic

331 South Third Street
Bardstown, KY 40004
502-348-9206

Communicare Clinic

324 East Main Street
Springfield, KY 40069
859-336-7746

Compassionate Friends of Nelson County

502-348-5683

Website. www.tcfbardstownky.org

Services. Assists families towards the positive education of grief, following the death of a child of any age. Meets the second Thursday of each month at St. Thomas Center at St. Thomas Church in Bardstown.



Counseling Services of Bardstown

502-348-5772

321 West Stephen Foster Avenue in Bardstown

Crisis Text Line

Text CONNECT to 741741

Services. Free hotline that has counselors available 24 hour per day, 7 days per week counseling. If you are not comfortable talking to someone, texting is an option for getting the help you need.

Depression & Bipolar Support Alliance Online Support Groups

text DBSA to 741-741

Website. <https://www.dbsalliance.org/support/chapters-and-support-groups/online-support-groups/>

Depression Information

Website. www.mentalhelp.net

Disaster Distress Helpline

1-800-985-5990 or text TalkWithUs to 66746

Spanish-speakers can press “2” for 24/7 bilingual support.

Website. <https://www.samhsa.gov/find-help/disaster-distress-helpline>

Services. 24 hours/day, 7 days a week, 365 days/year, free national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster, as well as infectious disease outbreaks. Multi-lingual and confidential crisis support service available. Stress, anxiety, and other depression-like symptoms are common reactions after a disaster.

H.O.P.E. Counseling

270-321-4198

Services. Specializes in treating individuals, couples and families.

HopeLine

1-877-235-4525 (call or text)

Website. <https://www.hopeline-nc.org>

Services. Confidential telephone service run by volunteers (not professional counselors) for people that are in crisis. If they feel that they are unable to assist you, they will connect you to the appropriate referral.

Hosparus Health Grief Center

800-264-0521

Hospice of Central Kentucky

800-686-9577

105 Diecks Drive in Elizabethtown

Services. Comprehensive specialized home care program that provides nursing, home health, social work, pastoral, pharmacy, medical equipment, and grief counseling in Marion and Washington (and other) counties.

Eligibility. Provides services to any individual/family who is struggling with life-limiting illness or disease. **Fees.** Accepts Medicare, Medicaid, private insurance. No one who meets guidelines is refused due to inability to pay.

Hospice of Nelson County

502-349-5500

502-350-5570

711 McDowell Boulevard in Bardstown

Services. Provides medical and volunteer services to help terminally ill patients and their families. **Eligibility.** Patient is in end-stage of terminal illness. **Fees.** Reimbursement received from Medicare, Medicaid, and private insurance. No one is refused care due to inability to pay.



Hotline T Text and Chat Line

Text. 859-MyK-Chat or 859-695-2428

Chat. <http://krccnet.com/>, www.hotlinet4ky.com, FaceBook at <https://www.facebook.com/hotlinet4ky> by hitting the 'contact us' button at the top.

Email. Hotlinet4ky@gmail.com

Instagram. @HotlineT4KY

Twitter. @HotlineT4KY

Tiktok. @HotlineT

Services. Brief mental health service to help support youth during their everyday lives and stressful situations. Helps with include Depression, Anxiety, Stress, Grief, Covid-19, etc. Provides referrals and resources. **Eligibility.** Kentucky residents who are 14 to 25 years of age.

IMALIVE

Website. <https://www.imalive.org>

Services. Online chat-based resource run by the Kristin Brooks Hope Center. Offers programs for high schools and colleges, along with having the online crisis chat. If you are experiencing a crisis, have suicidal thoughts, or are dealing with intense emotional pain, the volunteers on their chatline may be able to help.

Kentucky Disaster Response – Recovery Support Services Hub

call or text 1-888-891-2377

Website. <https://kentucky.myrecoverylink.com>

Services. Whether you are looking for in-person treatment for your mental health or substance use, or just want to talk with a supportive person over the phone, a certified peer recovery support specialist's priority is meeting you wherever, whenever, and however works for you and will identify ways to best support your immediate needs, as well as be available to continue to support your recovery and wellness goals. Can access group-based digital recovery support on the website. Provides support 5 Days a Week (M-F) between 10AM - 4PM EST; Screenings for Mental Health and Substance Use Concerns; Certified Peer Recovery Specialists Who Have Lived Experience; Referrals to Treatment and Physical Health Services (shelter, food, basic needs); No Cost Services at Any Time; In-person and Tele-recovery Service Options.

Lanham Counseling & Therapy

270-692-1466

27 Court Square in Lebanon

Services. Provides Individual, Family, and Group Therapy. Treatment & recovery from substance misuse, anxiety, mood disorders. AODE licensed providers. DUI and BIP certified. Provides accessible, affordable and quality care. Focus on promoting behavioral change as best enhanced through positive reinforcement, empathy, support, and helpful suggestions.

Lincoln Trail Behavioral Health System

270-351-9444 Admissions Office at 800-274-7374

Services. Offers outpatient and acute inpatient psychiatric treatment for adults, older adults and adolescent girls. They also offer a dual diagnosis treatment program for patients with co-occurring addiction and psychiatric issues; a specialized military mental health treatment program for members of our armed forces; and The Willows Program, their renowned acute trauma program for adolescent girls. All assessments are confidential, in-depth and provided at no cost.

Managing Stress and Anxiety

Website. <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>

National Alliance on Mental Illness

800-950-6264

Website. <https://nami.org>



National Suicide Prevention Hotline (English)

800-273-TALK (8255)

Next Step Counseling

270-765-2335

info@thenextstepky.com

1106 Tunnel Hill Road, Suite 100 in Elizabethtown

Services. Provides assessments in mental health, substance abuse, and parenting. Offers individual (mood and anxiety disorders, post-traumatic stress disorder, other related trauma related issues, and substance-related disorders), family (marital, relational, etc.) and group counseling (children, adolescent, adult, anger management, domestic violence/BIP, parenting/parenting in recovery, chemical dependency/substance abuse), as well as psychological testing.

Q&A on COVID-19 and Mental Health

<https://www.youtube.com/watch?v=zDx1LKkk5c4>

Silverleaf Sexual Trauma Recovery Services

270-234-9236

Toll Free: 877-672-2124

Website. www.silverleafky.org

Email address. contactus@silverleafky.org

751 South Provident Way in Elizabethtown

324 East Main Street in Springfield

Services. Offers 24 hour/365 day crisis services by phone; hospital response to victims at the emergency room; victim advocacy; volunteer program; crisis intervention; forensic interviews; medical examinations; consultation; legal advocacy; trauma-informed therapy services; community prevention and education trainings to our communities; and counseling. All services are free. **Eligibility.** Victims and non-offending caregivers/family members who have been affected by sexual violence and/or human trafficking. Serve all ages, regardless when the sexual violence occurred. Serve Marion, Nelson, and Washington, and others.

Substance Abuse and Mental Health Services Administration (SAMHSA) Help Line

800-662-HELP (4357)

Website. <https://www.samhsa.gov>

Services. Mission is to reduce the impact of substance abuse and mental illness on America's communities. Provides information that can help locate treatment options within your area.

Suicide Prevention Lifeline 1-800-273-TALK (8255) (800) 273-TALK or (800) SUICIDE text ASKUS to 741741

Suicide Prevention Hotline (Spanish)

888-628-9454

Website. <http://suicidepreventionlifeline.org>

Services. Free service that can be used by anyone that is experiencing suicidal thoughts, family members that are concerned about a loved one, and professionals that are looking for additional resources. Can put you in contact with a local center. This is available 24/7.

Teen Mental Health Toolbox

Website. <http://teenmentalhealth.org/toolbox/>

The National Child Traumatic Stress Network

Website. https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf

The Ridge Behavioral Health System

859-269-2325 or 1-800-753-4673

Website. www.ridgebhs.com

Services. Psychiatric and chemical dependency treatment.



Trevor Lifeline

Text START to 678678

866-488-7386

Website. <https://www.thetrevorproject.org>

Services. Crisis intervention and suicide prevention hotline available 24 hours/day, 7 days/week, 365 days/year for LGBTQ youth in crisis, feeling suicidal, or in need of a safe and judgment free place to talk.

Trevor Chat.

Services. Free, confidential and secure instant messaging service that provides live help for youth with a trained specialist, over text messages – available daily from 12:00 noon until 1:00 a.m.

The W.O.M.E.N. Project (Working On Meeting Employability)

270-769-1304 x1108

1311 North Dixie Avenue, Elizabethtown, KY 42701

Services. Provides substance abuse education, domestic violence education, advocacy, and case management to participants. Helps participants and their children receive treatment, support, and education services through SpringHaven Domestic Violence Program, Communicare, and other community services. **Eligibility.** Women with children who are experiencing substance abuse, domestic violence, and co-occurring mental health problems.

University of Louisville – Peace Hospital

2020 Newburg Road in Louisville

502-451-3333/800-451-3637

1401 Harrodsburg Road, St. Joseph Health Office Park, Suite A-400 in Lexington

859-313-3515

Services. Offers no charge assessments and walk-ins are welcome. Provides acute inpatient; geriatric psychiatry inpatient; partial hospitalization; intensive outpatient program; acute in-patient for intellectual and developmental disabilities; acute inpatient for highly aggressive females; Peace for Parents seminars; support groups; and aftercare for patients that have completed an adult outpatient program.

University of Kentucky Targeted Assessment Program

Services. Provides free comprehensive assessments and support services to individuals to fully capture any barriers to self-sufficiency. Collaborates with other systems to engage participants in evidenced-based interventions. **Eligibility.** Adult must have a dependent child under the age of 18 in their custody or the plan is to still reunify the child; suspected/confirmed barrier in one or more of the following: mental health, substance abuse, intimate partner violence, learning issues, or other barriers to self-sufficiency (i.e.- housing, employment, transportation); 200% or below the poverty guidelines; not a perpetrator of intimate partner violence or sexual abuse; and Nelson County resident.

Warm Line

859-252-0058 (Lexington area)

877-840-5167 (Bluegrass area)

Services. Non-emergency phone line for people living with a mental illness. Call if you just need someone to talk to or you are experiencing a stressful time, feeling cut off from the world and isolated. Peer Supporters who have “been there” have been trained to offer support, help with appropriate referrals or just to listen without judgement. Hours are Monday - Thursday 11:30 a.m. to 9:00 p.m. Friday and Saturday 5:00 p.m. to 9:00 p.m.

What To Do If You Are In Crisis

<https://www.goodtherapy.org/in-crisis.html>

Teen Line

1-800-852-8336

Text the word TEEN to 839863

Services. Provides teen-to-teen support (9:00 p.m. to 1:00 a.m.) for teenagers struggling and who want to talk to another teen who knows what they're talking about. Provides resources, information, and message boards.



Windsor Gardens Grief Support

502-349-5500

101 Isaac Green Court in Bardstown

Services. Currently conducted every third Wednesday of the month.

Veterans Crisis Hotline

800-273-8255 or 800-799-4889 (hard of hearing) or text 838255

Website. <https://www.veteranscrisisline.net>

Services. Available 24 hours per day, 7 days per week. Confidential. Provides assistance to individuals in crisis or those who are concerned about someone. **Eligibility.** Serves veterans, service members, National Guard and Reserve, and family and friends.

NURSING HOMES

Cedars of Lebanon

270-692-3121

337 South Harrison Street in Lebanon

Services. 81 certified beds. **Fees.** Accepts Medicare and Medicaid.

Colonial Health & Rehabilitation Center

502-348-9260

708 Bartley Avenue in Bardstown

Services. 65 certified beds. **Fees.** Accepts Medicare and Medicaid.

Cooper Trail Senior Living

502-874-4038

325 Lincoln Way in Bardstown

Services. Personal care and memory care.

Flaget Hospital Nursing Facility

502-350-5000

4305 New Shepherdsville Road in Bardstown

Website. www.flaget.com

Services. 12 certified beds.

Fees. Accepts Medicare and Medicaid.

Landmark Center of Bardstown

502-348-4220

120 Lifecare Way/120 Federal Hill Manor in Bardstown

Services. 100 certified beds. **Fees.** Accepts Medicare and Medicaid.

Loretto Motherhouse

270-865-5811

515 Nerinx Road in Nerinx

Services. 63 certified beds in religious non-medical health care institution. **Fees.** Accepts Medicare/Medicaid.

Sansbury Care Center

859-336-3974

2625 Bardstown Road in St. Catherine

Services. 48 certified beds. **Fees.** Accepts Medicare and Medicaid.

Springfield Nursing & Rehabilitation Center

859-336-7771

420 East Grundy Avenue in Springfield

Services. 70 certified beds.



Windsor Gardens Assisted Living Community

502-349-6214 or 888-349-6214

101 Isaac Greer Court in Bardstown

Services. Provides assisted living apartments and skilled nursing care. Paddington Place for Dementia care.

Eligibility. Some long-term insurances covered and also private pay.

POLICE/LAW ENFORCEMENT

Bardstown	502-348-6811
Non-emergency	502-348-3600
Tip Line (anonymous)	502-348-HEAT (4328)
Bloomfield	502-252-8222
Lebanon	270-692-2121
New Haven	502-549-3177
Kentucky State Police	800-222-5555 or 270-766-5078
Springfield	859-336-5400
Non-emergency	859-336-5450
Marion County Sheriff	270-692-3051
Nelson County Parole and Probation	502-348-5232
Nelson County Sheriff	502-348-1840
Washington County Sheriff	859-336-5400

PREGNANCY AND PARENTING SERVICES

HANDS Program – Lincoln Trail District Health Department

270-769-1601 or 1-800-280-1601

108 New Glendale Road in Elizabethtown (services available in all counties)

Website. www.ltdhd.org

Services. Voluntary home-visiting program for pregnant moms-to-be and new parents that supports all areas of a baby’s development. Answers questions about pregnancy and parenting. Provides parents with support in developing a parent-child relationship. Parents have the opportunity to learn about having a healthy pregnancy, caring for their baby, how to bond with their child, child development, dealing with stress, creating a safe and healthy home and information about community resources. There is no cost for this service. **Eligibility.** Any parent (mom and/or dad) who is expecting a new baby or has a newborn baby is eligible to participate. Families must be enrolled prenatally or before the child is 90 days old.

- Marion County Health Department** is located at 516 North Spalding Avenue in Lebanon. **270-692-3393**
- Nelson County Health Department** is located at 325 South Third Street in Bardstown. **502.348-3222**
- Washington County Health Department** is located at 302 East Main Street in Springfield. **859-336-3989**

House of Hope

859-336-0140

116 South Cross Main Street in Springfield

Website. www.HouseofHopeKy.com

Services. Pregnancy and family resource center that provides prenatal education, parenting skills, life skills, job preparedness, and budgeting skills.

Kentucky Moms MATR

270-401-1706

Services. Concerned with preventing drug and alcohol affected babies. Helps identify pregnant women to invite to universal prevention services, as well as those who may have more intense service needs. Each pregnant woman who participates in prevention or treatment services receives incentives for attendance.



New Life Center

502-233-8003

202 East Stephen Foster Avenue in Bardstown

Website: www.thenewlifecenter.com

Services. Family support center offering free pregnancy tests, pregnancy and parenting education, infant and childhood-related supplies, peer mentoring, individual programs for men, life skills classes for all ages, adoption information, referrals to community-based services, STI/STD education, etc.

WIC Program (Women Infants and Children)

Website: www.ltdhd.org.

Services. The **County Health Departments** provide clinical preventative health services including medical, nursing, nutrition, social, educational, and environmental interventions. Offers services including STD treatment and vaccines, pregnancy services, HIV testing and screening, and more. Some also provide harm reduction.

Eligibility. Pregnant women, women who just had a baby, or have a child under the age of 5. **Fees.** Most services are provided for a nominal fee, but some are based on income and the number of people in the household. No person is refused for his/her inability to pay.

Marion County Health Department is located at 516 North Spalding Avenue in Lebanon.

270-692-3393

Nelson County Health Department is located at 325 South Third Street to Bardstown.

502-348-3222

Washington County Health Department is located at 302 East Main Street in Springfield.

859-336-3989

SENIOR PROGRAMMING/AGED

Active Day of Bardstown

502-350-0663

1297 Springfield Road in Bardstown

Email address: info@activeday.com

Website: www.activeday.com

Services. Provides adult day health care supervision, therapeutic activities and rehabilitative therapies for those who require health care and support services as a result of chronic conditions, such as COPD, stroke, Alzheimer's and other related dementias, seizures, diabetes, Parkinson's, Multiple Sclerosis, hypertension and heart disease, developmental and intellectual disabilities.

Blessed Assurance Community Services

502-833-0210

10233 Boston Road in Boston

Services. Provides adult day training and speech therapy, as well as residential assistance and respite.

Bluegrass Assisted Living

502-349-2026

107 Thruway Drive in Bardstown

Website: www.bluegrassliving.com

Services. Provides 24-hour care and assisted living for the elderly in Nelson County (and surrounding counties). Also have a secured Alzheimer's unit. **Eligibility.** Some long-term insurance accepted, as well as private pay.

City of Bardstown Recreation Department – League Sports/Open Gym

502-348-9281

116 North 5th Street, Bardstown 40004

Website: www.cityofbardstown.org

Services. Swim lessons, swim team, water aerobics, 5th Quarter basketball, middle school league basketball, high school league basketball, adult league basketball, CO-ED volleyball league, kickball, cheerleading, pickleball. Programs are offered on a seasonal basis. Check website and Facebook page – Bardstown Parks and Recreation Department. **Eligibility.** Youth sports for boys and girls, all ages and income levels. Open gym is free of charge.



Congregate Meals

Website. <https://ckcac.org/services/meal-programs/>

Services. Provides meals to the elderly. All participants must call their local Senior Citizen Center 24 hours in advance to reserve their meal for the following day.

- Bardstown Senior Center - 112 Plaza Drive, Suite A **502-348-1888**
- Lebanon Senior Center - 110 West Mulberry Street **270-692-6591**
- Loretto Senior Center **270-692-6591**
- New Haven Senior Center **502-549-6501**
- Washington County Senior Center - 206 Main Cross Street in Springfield **859-336-0909**

Home Instead Senior Care in Elizabethtown

270-766-1866 or 866-942-7272

Services. Provides non-medical, in-home care for seniors. Provides meal preparation, light housekeeping, assistance with shopping and errands, respite, and companionship. **Eligibility.** Private pay. Veterans may be eligible for services through VA benefits. Marion, Nelson and Washington counties (and surrounding counties).

Lifeline Home Care, Inc.

270-360-8227 or 877-360-8227

950 North Mulberry Street, Suite 170 in Elizabethtown

Services. 24-hour care, homemaker companions, and private duty sitter services in Marion, Nelson, and Washington Counties (and surrounding areas).

Lincoln Trail Area Agency on Aging and Independent Living

270-769-2393 or 800-264-0393

613 College Street Road, P.O. Box 604 in Elizabethtown

Website. www.ltadd.org

Services. Provides information on area resources and contacts for delivery of programs for the elderly, including home and community services. Provides Benefits Counseling to include assistance with accessing and interpreting benefits/resources. Helps with resources for State Health Insurance Assistance Program (SHIP), Homecare, Home Modification, Mental Health, Respite, Information and Referral, Legal Assistance, Meals, Advocacy, Outreach, Personal Care Attendant Program, Respite, and Transportation. Provides Family Caregiver Support Program for anyone caring for an individual aged 60 and over and Grandparent/Relative Caregiver, aged 60 and over, caring for a grandchild/minor relative under the age of 18.

Marion County Adult Day Care

270-692-3897

2155 Campbellsville Highway in Lebanon

Services. Transportation provided by TACK.

Nelson County Cooperative Extension Office

502-348-9204

DL CES Nelson@email.uky.edu

317 South Third Street in Bardstown

Website. www.Nelson.ca.uky.edu

Services. Educational resource that serves as a catalyst to build better communities and improve quality of life.

- **4-H Youth Development:** Prepares youth to be the leaders. Anyone ages 9 through 18 can join. Opportunities include: attending 4-H Camp, learning presentation and public speaking skills, growing vegetables, fishing, cooking, learning nutrition, development of leadership skills, learn about science and technology, etc. Clubs include: Teen, Dog, Horse, Shooting Sports, Sportfishing, Goat, and many project clubs that prepare 4-Hers to enter exhibits into the County Fair.



- **Family Consumer Sciences.** Learn about our initiatives, making healthy lifestyle choices, nurturing families, embracing life as you age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering local leaders.
- **Agriculture and Natural Resources.** Whether you are a commercial scale farmer, a backyard gardener, an avid outdoor person, or anything in between, their experts can help you to grow your food, understand the food system and protect the environment.
- **Community & Economic Development.** From revitalizing downtowns to supporting local arts and improving community design.

Oreo, Bardstown Fire Dog

502-974-3198

firechief@bardstowncable.net

1 Arch Pendergrass Way, Bardstown KY 40004

Services. Their fire dog, Oreo, makes public appearances at businesses, hospitals, nursing homes, schools, or group meetings (no political rallies).

Retired and Senior Volunteer Program

270-307-9638

1119 Johnstown Road, Box #7 in Elizabethtown

Website. www.ckcac.org

Services. Match seniors 55+ years of age with a volunteer position in Nelson and/or Hardin County.

Senior Centers

Services. Provides socialization and recreational activities, outreach and information, and referral services.

Eligibility. Individuals 60 and over, spouse of an individual age 60 and over, or the disabled adult child of an eligible participant. Donations are accepted as a fee for meals and/or transportation.

Bradfordsville Senior Center on Main Street in Bradfordsville **270-692-6591**

Lebanon Senior Center at 110 West Mulberry Street in Lebanon **270-692-6591**

Loretto Senior Center at St. Francis School in Lebanon **270-692-6591**

Bardstown Senior Center at 122 Plaza Drive in Bardstown **502-348-1888**

New Haven Senior Center at Hometown Apartments at 365 Fifth Street in New Haven **502-549-6501**

Washington County Senior Center at 206 South Cross Main in Springfield **859-336-0909**

Senior Companion Program

502-619-2553

Website. www.ckcac.org/services/senior-support-programs/senior-companion-program

Services. Recruits, trains and places senior volunteers (55 years old and older) to help the disabled and elderly in their own home with household chores, short-distance transportation, companionship, etc.

Tender Touch Senior Services

270-765-3332

410 North Mulberry Street in Elizabethtown

Website. www.tendertouchseniorservices.com

Services. Light housekeeping, meal preparation, transportation, personal care, respite, errands and shopping, laundry, companionship, etc. in Marion, Nelson, and Washington counties (and surrounding counties).

Eligibility. Long-term insurance and private pay. Veterans Administration and Guardianship.

Visiting Angels of Lincoln Trail

502-348-0377

120 West Stephen Foster, Suite 102 in Bardstown

Website. www.visitingangels.com/lincolntail



Services. Provides in-home, non-medical services, including light housekeeping meal preparation, errands, transportation, and companionship in Marion, Nelson, and Washington Counties (and surrounding counties).
Eligibility. At least 18 years. Long-term care insurance/private pay. Veterans may be eligible thru VA benefits.

Windsor Gardens Assisted Living Community 502-349-6214 or 888-349-6214
101 Isaac Greer Court in Bardstown

Services. Provides assisted living apartments and skilled nursing are. Paddington Place for Dementia care.
Eligibility. Some long-term insurances covered and also private pay.

See “Food” above for additional resources.

SUICIDE

American Foundation for Suicide Prevention 212-363-3500
Website. www.afsp.org

National Hopeline Network, Suicide & Crisis 800-442-HOPE (4673)

Suicide Prevention Lifeline 800-273-TALK (8255) or (800) SUICIDE (784-2433) text ASKUS to 741741
Website. www.suicidepreventionlifeline.org
Services. Offers confidential, judgment-free help.

See also Mental Health.

Tax Preparation:

Green River Asset Building Coalition, Inc. 270-685-1603
Facebook Page. [Facebook.com/greenriverassetbuilding/posts/10157626711103740](https://www.facebook.com/greenriverassetbuilding/posts/10157626711103740).
Services. Assists with income tax preparation.

Legal Aid Society 502-614-3190
Services. Provides taxpayer clinic that helps with tax disputes, issues, etc. They do not do tax preparation/filings.

Louisville Asset Building Coalition 502-305-0005
Website. www.labcservices.org
Services. Assists with income tax preparation.

TRANSPORTATION

Bardstown City Taxi 502-460-7066

Bourbon City Taxi & Tours 502-349-5001



CATS Transportation

270-692-9313

270-402-4800

502-348-3376

800-242-8225

Services. Provides quick and efficient van transportation for a nominal fee, as well as through Medicaid, Passport and nursing home transportation. Van has a chair lift for anyone using a wheel chair. Offers transportation for seniors, as well. Provides transportation to a variety of locations, such as doctor's office, grocery store, pharmacy, senior center, physical therapy, and more. Additional phone numbers include:

- TDD: 800-648-6056 Voice: 800-648-6057 Speech to Speech: 888-244-6111
- Spanish: 866-557-5762

Goodwill Cars to Work.

502-585-5221

Email address. cars@goodwillky.org.

Website. www.goodwillky.org

Services. Connects individuals with affordable transportation so that they can maintain employment, grow in their careers, and ultimately move out of poverty and achieve self-sufficiency. **Eligibility.** Participants in the Cars to Work Program and must be referred to Goodwill by a partnering agency.

Marion County Adult Day Care

270-692-3897

2155 Campbellsville Highway in Lebanon

Services. Transportation provided by TACK.

Marion County Ambulance Service

270-692-6666

436 West Walnut Street in Lebanon

Services. Provides emergency and non-emergency transportation in Marion County.

Nelson County EMS

502-348-4929

Services. Provides medical transportation to and from medical facilities. Accepts Medicare and Medicaid.

Washington County Ambulance Service

859-336-5450

UTILITIES

City of Bardstown

502-348-5947

220 North 5th Street, Bardstown KY 40004

Website. www.cityofbarstown.org and www.bardstownconnect.com

Services. Provision of Water, Sewer, Electric, Garbage, Cable TV, and Internet Utilities. **Eligibility.** Special Lifeline Internet tier available for \$10-15 per month for low/fixed income subscribers. Must meet income requirements or be 65+ years old to qualify.

Community Action

Website. www.ckcac.org

Services. Provides emergency rental, mortgage, and/or utility payment assistance, Low-Income Home Energy Assistance Program (LiHeap), winter care assistance, food, homeless assistance, Federal Emergency Management (FEMA), holiday giving, etc. Call the local office for assistance:

Marion 270-692-6411
marionca@ckcac.org

Nelson 502-348-9596
nelsonca@ckcac.org

Washington 859-336-7766
washingtonca@ckcac.org



St. Vincent de Paul – Client Assistance

118 East Broadway in Bardstown

502-348-9752 Option 4

Website. www.svdpbard.org

Services. Emergency rent, gas and utility assistance is, Monday through Thursday. If no one answers, leave a message. **Eligibility.** Available to Nelson County residents. Income guidelines apply. Other Services:

- **The Mission Store**, 310 North Second Street in Bardstown. Call **502-348-9752 x103** for more information.
- See Food below for information on the **Bread for Life Food Pantry** services.

VETERANS

American Red Cross – Services to the Armed Forces

502-624-2163

Services. Provides emergency financial assistance to military families/veterans and emergency communications so families can reach deployed loved ones. **Eligibility.** Military members, veterans, and their families.

Abraham Lincoln Post 167

502-249-4079

103 Scenic Drive in Bardstown

Services. Provides a Veteran’s Service Officer assists with veterans’ claims and social security casework.

American Legion Post 42

502-249-3952

703 McDowell Blvd., Suite 202 in Bardstown

Email address. nelsoncountypost42@gmail.com

Facebook page. [Facebook.com/American Legion Nelson County Post 42](https://www.facebook.com/AmericanLegionNelsonCountyPost42)

Services. Provides assistance with filing for Veterans Disability and Pension Claims. Provides support to Veterans in need. If you are a Veteran, reach out to Post 42 for any need that you may have. Also provides emergency assistance to those in need (ie. fire, snow, flooding, etc.).

American Legion Post 121

502-348-2208 or 502-349-3500

206 West Broadway in Bardstown

Services. Supports American Legion programs for veterans, children and the community. Dance open to the community every Saturday night. Hall is available for rent with seating up to 350 people.

American Legion Auxiliary Unit 167

502-338-9253 or 502-807-0339

211 North Second Street in Bardstown

Services. Serves families and the community. Provides scholarships.

American Legion Post 167

502-644-3670

109 Guthrie Drive in Bardstown

Services. Provides assistance to veterans and their families and provides service to the community.

Bloomfield American Legion Post 288

502-252-9903

243 Chaplin Road in Bloomfield

Services. Helps returning veterans, widows of veterans, and veterans orphaned children. Provides financial and voluntary support to local school activities and other organizations. Lounge open to the public daily.



Home Instead Senior Care

270-766-1866 or 866-942-7272

Services. Provides non-medical, in-home care for seniors. Provides meal preparation, light housekeeping, assistance with shopping and errands, respite, and companionship. **Eligibility.** Private pay. Veterans may be eligible for services through VA benefits. Marion, Nelson and Washington counties (and surrounding counties).

Homeless Veterans

877-424-3838

Military Help Line

888-457-4838

National Call Center for Homeless Veterans

877-424-3838

Tender Touch Senior Services

270-765-3332

410 North Mulberry Street in Elizabethtown

Website. www.tendertouchseniorservices.com

Services. Light housekeeping, meal preparation, transportation, personal care, respite, errands and shopping, laundry, companionship, etc. in Marion, Nelson, and Washington counties (and surrounding counties).

Eligibility. Long-term insurance and private pay. Veterans Administration and Guardianship.

VA Regional Office (disability and claims)

502-827-1000

VA Department

502-595-4447

Website. www.veterans.ky.gov

Veterans Hospital

502-287-4000

800 Zorn Avenue in Louisville

Website. www.louisville.va.gov

Services. The Robley Rex VA Medical Center improves health of veterans and other eligible patients by providing continuum of care through integrated health care delivery system.

Veterans Crisis Hotline

800-273-8255

800-799-4889 (hard of hearing)

text 838255

Chat: connect on their website <https://www.veteranscrisisline.net>

Services. Hotline available 24 hours per day, 7 days per week. Provides confidential assistance to individuals in crisis or those who are concerned about someone. **Eligibility.** Veterans, service members, National Guard and Reserve, and family and friends.

Visiting Angels of Lincoln Trail

502-348-0377

120 West Stephen Foster, Suite 102 in Bardstown

Website. www.visitingangels.com/lincolntrail

Services. Provides in-home, non-medical services including light housekeeping meal preparation, errands, transportation, companionship in Marion, Nelson, and Washington Counties (and surrounding counties).

Eligibility. 18 years of age and older. Long-term care insurance and private pay. Veterans may be eligible through VA benefits.



YOUTH DEVELOPMENT/ENRICHMENT

Bardstown Blessings Art Box

Services. Local box contains supplies, such as crayons and coloring books for local families. Located in front of the art gallery along Court Square in Bardstown.

Big Brothers/Big Sisters of Kentuckiana - Community and Site-based Learning

502-587-0494

2608 Ring Road, #106 in Elizabethtown

Website. www.bbbsky.org

Services. Provides one-on-one mentoring relationships that ignite the power and promise of youth. Request a match for a young person in Nelson County or volunteer to be a mentor. **Eligibility.** Serves youth, age 7 to 17.

Central Kentucky Community Action

Services. Helps low-income children participate in summer youth camps, 4-H Camp, swimming lessons, nutritional day camps or other enrichment experiences. Helps to provide holiday support with food baskets, toys (new and used), and limited clothing to low-income clients in coordination with other local agencies. Call your local Community Action for more information:

Marion 270-692-6411

marionca@ckcac.org

Nelson 502-348-9596

nelsonca@ckcac.org

Washington 859-336-7766

washingtonca@ckcac.org

Child Car Seats – Bardstown Fire Department

502-349-6562

1 Arch Pendergrass Way, Bardstown KY 40004

220 North 5th Street, Bardstown KY 40004

Services. Will install a car seat for anyone.

City of Bardstown Recreation Department – League Sports/Open Gym

502-348-9281

116 North 5th Street, Bardstown 40004

Website. www.cityofbardstown.org

Services. Offers swim lessons, swim team, water aerobics, 5th Quarter basketball, middle school league basketball, high school league basketball, adult league basketball, COED volleyball league, kickball, cheerleading, pickleball seasonally. Check website and Facebook page – Bardstown Parks and Recreation Department.

Eligibility. Youth sports for boys and girls, various ages. All ages and income levels. Open gym is free of charge.

Girl Scouts of Nelson County

502-510-3002

Website. www.gskentuckiana.org

Services. Helps to build character and self-esteem and serve the community in a safe place to grow and share new experiences, learn to relate to others, develop values, and contribute to society. Meets on the first Thursday of each month at Bardstown Elementary School cafeteria. **Eligibility.** Girls ages 5 to 17 years old. Women and men, age 18 and over, can join as adult members.

Little Library

Jones Avenue Park beside the Bardstown City Pool and tennis courts

Services. Provides books to people of all ages and encourages reading.

Marion County Cooperative Extension Office

270-692-2421



Marion County Girls on the Run

270-699-1686

Website. www.gotrcentralky.org

Services. Provides recreation program to 3rd – 8th grade girls in Marion County that is designed to enhance girls’ social, psychological, and physical strengths to successfully navigate life experiences.

Nelson County Cooperative Extension Office

502-348-9204

[DL CES Nelson@email.uky.edu](mailto:DL_CES_Nelson@email.uky.edu)

317 South Third Street, Bardstown KY 40004

Website. www.Nelson.ca.uky.edu

Services. Serves as a catalyst to build better communities and improve quality of life. Offers:

- **4-H Youth Development:** Prepares youth to be leaders. Anyone ages 9 through 18 can join. Opportunities include: attending 4-H Camp, learning presentation and public speaking skills, growing vegetables, fishing, cooking, learning nutrition, development of leadership skills, learn about science and technology, etc. Clubs include: Teen, Dog, Horse, Shooting Sports, Sportfishing, Goat, and many project clubs that prepare 4-Hers to enter exhibits into the County Fair.
- **Family Consumer Sciences.** Learn about our initiatives, making healthy lifestyle choices, nurturing families, embracing life as you age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering local leaders.
- **Agriculture and Natural Resources.** Whether you are a commercial scale farmer, a backyard gardener, an avid outdoor person, or anything in between, their experts can help you to grow your food, understand the food system and protect the environment.
- **Community & Economic Development.** From revitalizing downtowns to supporting local arts and improving community design.

Oreo, Bardstown Fire Dog

502-974-3198

Email. firechief@bardstowncable.net

1 Arch Pendergrass Way, Bardstown KY 40004

Services. Their fire dog, Oreo, makes public appearances at businesses, hospitals, nursing homes, schools, or group meetings (no political rallies).

Washington County Cooperative Extension Service

859-336-7741

Website. <https://washington.ca.uky.edu>

Facebook. <https://facebook.com/WashingtonCountyKentucky4H>

245 Corporate Drive in Springfield

Services. Provides research-based education, resources, and programs from the University of Kentucky in the areas of horticulture, agriculture, 4-H youth development, and family and consumer services.