



2022 TRI-COUNTY KENTUCKY UNITED WAY RESOURCE DIRECTORY

PREGNANCY AND PARENTING SERVICES

HANDS Program – Lincoln Trail District Health Department

270-769-1601 or 1-800-280-1601

108 New Glendale Road in Elizabethtown (services available in all counties)

Website. www.ltdhd.org

Services. Voluntary home-visiting program for pregnant moms-to-be and new parents that supports all areas of a baby's development. Answers questions about pregnancy and parenting. Provides parents with support in developing a parent-child relationship. Parents have the opportunity to learn about having a healthy pregnancy, caring for their baby, how to bond with their child, child development, dealing with stress, creating a safe and healthy home and information about community resources. There is no cost for this service. **Eligibility.** Any parent (mom and/or dad) who is expecting a new baby or has a newborn baby is eligible to participate. Families must be enrolled prenatally or before the child is 90 days old.

Marion County Health Department is located at 516 North Spalding Avenue in Lebanon.

270-692-3393

Nelson County Health Department is located at 325 South Third Street in Bardstown.

502.348-3222

Washington County Health Department is located at 302 East Main Street in Springfield.

859-336-3989

House of Hope

859-336-0140

116 South Cross Main Street in Springfield

Website. www.HouseofHopeKy.com

Services. Pregnancy and family resource center that provides prenatal education, parenting skills, life skills, job preparedness, and budgeting skills.

Kentucky Moms MATR

270-401-1706

Services. Concerned with preventing drug and alcohol affected babies. Helps identify pregnant women to invite to universal prevention services, as well as those who may have more intense service needs. Each pregnant woman who participates in prevention or treatment services receives incentives for attendance.

New Life Center

502-233-8003

202 East Stephen Foster Avenue in Bardstown

Website. www.thenewlifecenter.com

Services. Family support center offering free pregnancy tests, pregnancy and parenting education, infant and childhood-related supplies, peer mentoring, individual programs for men, life skills classes for all ages, adoption information, referrals to community-based services, STI/STD education, etc.

WIC Program (Women Infants and Children)

Website. www.ltdhd.org.

Services. The **County Health Departments** provide clinical preventative health services including medical, nursing, nutrition, social, educational, and environmental interventions. Offers services including STD treatment and vaccines, pregnancy services, HIV testing and screening, and more. Some also provide harm reduction.

Eligibility. Pregnant women, women who just had a baby, or have a child under the age of 5. **Fees.** Most services are provided for a nominal fee, but some are based on income and the number of people in the household. No person is refused for his/her inability to pay.

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