



2022 TRI-COUNTY KENTUCKY UNITED WAY RESOURCE DIRECTORY

Tri-County Kentucky United Way is sharing these resources as information and referral only. Resources were up to date, to the best of our knowledge, at the end of 2021. United Way is not responsible, nor does it necessarily endorse, services listed.

DRUG AND ALCOHOL/SUBSTANCE USE

Alanon Meetings (for families and friends of alcoholics)

Website: www.al-anon.org

Please check the website to confirm the following meeting locations and see days and times of meetings:

Marion County and surrounding area:

- The Coffee Club located at 120 South Depot Street in Lebanon
- Loretto City Hall located at 100 School House Drive in Loretto
- The Haven Clubhouse located at 622 East Maple Street in Campbellsville
- Campbellsville Baptist Church located at 420 North Central Avenue in Campbellsville

Nelson County and surrounding area:

- First Presbyterian Church located at 209 North Second Street in Bardstown
- St. Monica's Parish Hall located at 407 South Third Street in Bardstown
- First Christian Church located at 175 East John Rowan Blvd. in Bardstown

Washington County and surrounding area:

- First Christian Church located at 555 East Lexington Avenue in Danville

Alateen Meetings (for teens, ages 9 to 18, affected by someone else's drinking)

Marion County and surrounding areas:

- Currently no groups.

Nelson County

- St. Monica's Parish Hall located at 407 South Third Street in Bardstown

Washington County and surrounding areas:

- Currently no groups.

Alcoholics Anonymous (12-step recovery meetings)

502-334-6862

5th District Contact: 800-467-8019

Website: <https://www.aa.org>

Services. Provides support through a fellowship of men and women who have had a drinking problem. Non-professional, self-supporting, multi-racial, apolitical, and available almost everywhere. Please call the number above or visit the website for information on upcoming meetings.

Eligibility. Anyone who wants to do something about his or her drinking problem.

Alcohol/Drug Abuse Recovery Center

270-765-5145

Services. Provides 30-day inpatient program. Also offers education, self-help groups, individual and group therapy, and family counseling, outpatient services, and DUI treatment.

Eligibility. Anyone suffering from alcohol and/or drug dependency.

Fees. Accepts most major insurance companies and Medicaid and Medicare. Sliding scale fee is also available.

Alcohol/Drug Dependency Hotline

800-729-6686 or 800-432-9337



Addiction Recovery Center (ARC)/Crown Recovery Center

2735 Bardstown Road in St. Catherine

24/7 addiction help hotline: (888) 520-9126
502-900-2040

Website. www.arccenters.com/Crown-recovery-center

Services. Offers full continuum of care including residential, transitional, intensive outpatient, outpatient, medically assisted treatment (MAT), vocational rehabilitation, and job training. Holistic treatment program with CARF-accredited clinical programs, medical services, a Christ-centered spiritual emphasis that includes the 12 steps and chaplaincy care, and a broadening scope of vocational training opportunities for clients.

Eligibility. Accepts Kentucky Medicaid plans.

Astra Behavioral Health

1013 Granite Drive in Bardstown

502-349-3100

420 Loretto Road, Suite 200 in Lebanon

270-321-4480

200 Ring Road in Elizabethtown

270-506-2730

Website. www.astrabh.com

Services. Provides psychiatric services (evaluations, medication management and monitoring, etc.), therapy (assessments, individual, family, marriage, therapeutic, etc.), target case management, Supported Employment, and substance abuse services.

Bardstown Participation Station

502-507-1884

138 Robin Drive in Bardstown

Website. www.participationbardstown.org or www.communicareservices.org

Services. Offers a safe environment where individuals can learn and develop vital skills to enhance their recovery experience and provides opportunities to return to a productive, healthy and meaningful life. Educates, empowers, and enhances the lives of individuals moving toward recovery and mental wellness. Provides class on self-advocacy through managing stress, computer skills, art relaxation, and other activities. Offers non-emergency peer-to-peer telephone support to individuals living with mental illness.

Eligibility. Adults with disabilities, low income, mental health issues, and/or addiction.

Become a Smoke-Free Teen: Quit Vaping

Website. <https://teen.smokefree.gov/>

Services. Explains tools to help you quit and how to use them.

BrightView Health

833-510-HELP (4357)

830 West Broadway in Campbellsville

Services. Immediate access to physician/clinical support; individual counseling and group therapy; peer support and case management services; medication assisted treatment; 24-hour scheduling; walk-ins accepted until 3:00 p.m. on weekdays. Accepts Medicaid, Medicare and commercial insurance.

Casey's Law

Website. www.CaseysLaw.org or www.CaseysLaw.blogspot.com

Facebook. @caseywethingtonact

Services. Provides means of intervening with someone who is unable to recognize his/her need for treatment due to their impairment. This law allows parents, relatives, and/or friends to petition the court for treatment on behalf of the person who has a substance use disorder. To find a copy of the law, visit www.irc.state.ky.us. Click on the Legislative Resources link and choose KRS 222.430 to 222.437.



Center for Behavioral Health

270-234-8180

2645 Leitchfield Road, Suite 104 in Elizabethtown

Website. www.centerforbehavioralhealth.com

Services. Provides several options for treatment in Louisville, Frankfort, Elizabethtown, Bowling Green, and Richmond. See website for specifics at each location.

Communicare

859-336-7746

Crisis Line: 1-800-641-4673 (Hope)

324 East Main Street, Springfield

Website: <https://www.communicare.org>

Services. Mental health center providing behavioral health, developmental disabilities, and substance use services in Marion, Nelson, and Washington Counties. Locations include:

Communicare Clinic

331 South Third Street
Bardstown, KY 4004
502-348-9206

Communicare Clinic

Masonic Temple Bldg.
65 Old Springfield Road, Suite 2
Lebanon, KY 40033
270-692-2509

Communicare Clinic

324 East Main Street
Springfield, KY 40069
859-336-774

Counseling Services of Bardstown

502-349-3240/502-912-8137

321 West Stephen Foster Avenue in Bardstown

Services. Provides a variety of therapy to adults, such as family, individual (depression, anxiety, substance abuse, phobias, etc.), marital, stress management, post-divorce, anger management, trauma and PTSD, grief, family conflict, etc. Offers video and/or telehealth services.

County Attorneys

Services. Provides prosecution of criminal law violations including all misdemeanors, such as DUI offenses, traffic violations, assault, and theft of less than \$300. Have prosecutorial jurisdiction over juvenile issues (criminal acts, dependency, neglect, and abuse). Works with judges to issue emergency protective orders in domestic violence cases, handle extraditions, and oversee mental commitments and disability cases. Handles felony preliminary hearings and prosecute to recover delinquent taxes. Can also assist with Casey’s Law.

Marion County Attorney’s Office, located at 104 West Main Street in Lebanon. 270-692-1260.

Nelson County Attorney’s Office, located at 602 Bloomfield Road in Bardstown. 502-348-1850.

Washington County Attorney’s Office, located at 108 West Main Street in Springfield. 859-336-3901.

Embrace Hope Recovery Center

502-331-6002

1000 East John Rowan Boulevard, Suite #107, in Bardstown

Website. www.embrace-hope-recovery-center.business.site

Services. Addiction treatment center offering services that include: counseling (individual, family, group), case management services, peer support services, Batterer Intervention Program (30-week program designed to address men and women who batter-meets the court order criteria), Trauma Informed Care, referrals, medication assisted treatment, suboxone provider, Casey’s Law Assessments, and DUI classes.

Find Help Now

833-8KY-HELP (833-859-4357)

Website. <https://findhelpnowky.org> After hours, KY Opioid and Assistance Resources Hotline: **800-854-6813**

Services. Provides a list of every Kentucky-based addiction treatment provider accepting clients right now. Talk to a screening and referral specialist, who can help to find a treatment facility and answer questions about treatment. Has a resource library that can provide useful information on treatment, recovery, how to talk to friends/loved ones about their substance disorder, etc.



H.O.P.E. (Helping Others Pursue Excellence)

Crisis Number: 270-699-6418

270-321-4198

106 Cemetery Road in Lebanon

Services. Offers adult day training, behavior supports, community living supports, personal care, respite, supported employment, consultative clinical and therapeutic services, positive behavior support plan, and supported employment.

Isaiah House Treatment Center

859-375-9200

Main campus is located at 2084 Main Street in Willisburg

Website. www.isaiah-house.org

Services. Offers comprehensive, dual diagnosis program through a faith-based, non-profit addiction treatment center that provides short-term and longer-term Residential, Partial Hospitalization (PHP), Intensive Outpatient (IOP) and Outpatient (OP) substance use disorder treatment for men and women. Provides short Medicaid (28 days) treatment and long (8-11 month) treatment with 27 sober living homes for transitional living. Locations:

- Willisburg. Main Isaiah House Campus houses 92 men, and Patricia's Place is a 16-bed short-term Medicaid facility for men.
- Chaplin. Greg Bowen & Jake Juertz Centers are 16-bed Medicaid facilities for men.
- Harrodsburg. The Lisa Walker Center for women offers a 16-bed facility for adult women.
- Danville. Real Hope Behavior Health Outpatient Services offers Intensive Outpatient, Outpatient, and Medication Assisted Treatment and mental health counseling.
- Versailles. Women's Center offers a 28-bed short-term and IOP residential program for women.

Kentucky Moms MATR (Maternal Assistance Towards Recovery)

270-401-1706

Services. A Communicare program concerned with preventing drug and alcohol-affected babies. Staff collaborate with a variety of community agencies in order to identify pregnant women to invite to universal prevention services. Each pregnant woman who participates in prevention or treatment services receives incentives for attendance.

KY Opioid and Assistance Resources Hotline

800-854-6813

Kentucky Disaster Response – Recovery Support Services Hub

call or text 1-888-891-2377

Website. <https://kentucky.myrecoverylink.com>

Services. Whether you are looking for in-person treatment for your mental health or substance use, or just want to talk with a supportive person over the phone, their priority is meeting you wherever, whenever, and however works for you. A certified peer recovery support specialist will partner with you to identify ways to best support your immediate needs, as well as be available to continue to support your recovery and wellness goals. Can also access group-based digital recovery support right on the website. Provides support 5 Days a Week (M-F) between 10AM - 4PM EST; Screenings for Mental Health and Substance Use Concerns; Certified Peer Recovery Specialists Who Have Lived Experience; Referrals to Treatment and Physical Health Services (shelter, food, basic needs); No Cost Services at Any Time; In-person and Tele-recovery Service Options.

Lincoln Trail Behavioral Health System

270-351-9444 or 800-274-7374

3909 South Wilson Road in Radcliff

Website. www.lincolnbehavioral.com

Services. Offers outpatient and acute inpatient psychiatric treatment for adults, older adults and adolescent girls. Offers a dual diagnosis treatment program for patients with co-occurring addiction and



psychiatric issues; a specialized military mental health treatment program for members of our armed forces; and The Willows Program, an acute trauma program for adolescent girls.

Fees. Accepts Medicare, Tricare, and Kentucky Medicaid (under the age of 21 and over the age of 65) and most commercial insurance plans.

My Life, My Quit

Text START MY QUIT to 855-891-9989

Website. www.MyLifeMyQuit.com

Services. Free service for minors that can help them to quit vaping, smoking, or other tobacco products. Offers live support by phone, text, or online chat. Teens are eligible for up to five calls with an experienced and trained Quit Coach. The program does not provide nicotine replacement therapy.

Narcotics Anonymous

859-253-4673

Louisville Area (includes Bardstown)

502-569-1769

Website. www.na.org

NA Meeting Search app version 2.0 is available for your smartphone or tablet.

Services. Nonprofit fellowship or society of recovering addicts who meet regularly to help each other stay clean.

National Council on Alcoholism and Drug Dependence (NCADD)

800-622-2255

Website: <https://www.ncadd.org>

Services. Works to connect individuals to the appropriate resources in their community to help them recover from addiction. The phone number will be redirected to a local center based on the zip code entered.

Nelson County Addiction Response Effort (NeICARE)

Facebook. <https://www.facebook.com/NELCAREKY/>

Mission Statement. To help prevent substance abuse; to assist in the interdiction of illegal substances; to assist in the treatment of persons with substance use disorder and to reduce the harm to the community caused by the substance abuse epidemic in Bardstown and Nelson County, Kentucky.

Nelson County Assessment & Treatment Services

270-505-5461

101 Manor Avenue, Suite 100, in Bardstown

Services. Offers DUI services, 20-hour education, assessment, intensive outpatient and outpatient therapy.

Not On Tobacco (NOT)

Website. <https://www.lung.org/quit-smoking/helping-teens-quit/not-on-tobacco>

Services. Offers a 10-week, voluntary program for small groups of teens aged 14-19.

One Bridge to Hope

859-481-6091

2655 Bardstown Road in St. Catherine

Website. www.onebridgetohope.com

Services. Provides short-term residential, recovery program that offers Christ-centered counseling, teaching and the 12 steps for women suffering from addiction. Other classes include: basic life skills, parenting, restoring relationships, trauma, grief, anger, nutrition, problem-solving, and more.

Parents of Addicted Loved Ones (PAL) Support Group

502-349-3329

Website. www.palgroup.org

Services. Offers addiction education and support, at no charge, for parents who are trying to save a child from addiction. **Eligibility.** Typically parents, but anyone 18 years+ with a year of sobriety is also invited to attend.



Partnership for Drug-Free Kids

855-378-4373 Text: 55753

Website: <https://drugfree.org> (you can email a specialist from a form on the website).

Services. Free hotline provides one on one help for parents, family member, or caregiver that is looking for help with a child's substance abuse. Phones are answered by trained specialists

R.E.A.C.H Program

502-350-7368

114 North 4th Street, Suites 9 and 12, in Bardstown

Website. www.reachtorestore.org

Services. Private outpatient substance abuse & mental health treatment center. Offers Helping Men Recover, Driving Under the Influence services, Individual, Group, & Family Therapy, Anger Management and Parenting.

Robert Alexander Center for Recovery

502-443-9950

130 Hope Street in Mount Washington

Website. www.robortalexandercenter.com

Services. A drug & alcohol rehab program that offers an evidence-based, personalized, and supportive treatment, including detoxification, residential, partial hospitalization, intensive outpatient, outpatient, family therapy and program, and aftercare planning.

SITE (Strategic Initiative for Transformational Employment)

502-681-6216

Services. Assists individuals active in their recovery from substance use issues. Provides valuable career services and works to cultivate second-chance job opportunities with participating employers. Helps with work opportunities, tax credit, federal bonding, supportive services, success coaching, job entry and retention support, and access to peer support services. Sign up for services online at <http://ekcep.us/site>.

Substance Abuse and Mental Health Services Administration (SAMHSA) Help Line

800-662-HELP (4357)

Website. <https://www.samhsa.gov>

Services. Provides information that can help locate treatment options locally. The office is open Monday through Friday from 8 a.m. to 8 p.m. EST.

Syringe Service Program (Needle Exchange)

Website. www.ltdhd.org

Services. Provides access to sterile needles and syringes, safe disposal of used syringes, and other comprehensive harm reduction services. Offers: sterile injection supplies; disposal of used syringes; Hepatitis C testing; HIV testing; Hepatitis A vaccination; access to clinical services; referral to addiction treatment; and access to Narcan/naloxone. All services are anonymous and confidential. Locations:

Marion County Syringe Service Program

270-692-3393

Marion County Health Center, 516 North Spalding Avenue in Lebanon on Wednesdays, 1:00-4:30 p.m.

Nelson County Syringe Service Program

502-348-3222

Nelson County Health Center, 325 South Third Street in Bardstown on Thursdays from 1:00 to 4:30 p.m.

The Addict's Mom (TAM)

Website. www.Addictsmom.com

Facebook. www.facebook.com/groups/TAMKentucky

Services. Global online group that offers a safe place to share loving support, resources, addiction education, blogs, and scholarships to treatment. Embraces and connects mothers and other family members who are struggling with a loved one who suffers from addiction. Offers the opportunity for open, honest sharing of their experiences, sorrows, pain, challenges and victories with their children. Offers specialized groups to members: Grieving Moms, Grandparent to Grandparent, The Addict's Dad, Moms of Minors, and The Addict's Siblings.



The Coffee Club – Lebanon

270-307-8341 or 270-940-0605

Services. 12-step meetings for AA, NA and Alanon

The Healing Place/Campbellsville

270-789-0176

Website. www.thehealingplace.org/campbellsville

Services. Offers substance abuse/inpatient/outpatient treatment.

The Ridge Behavioral Health System

859-269-2325 or 1-800-753-4673

Website. www.ridgebhs.com

Services. Offers psychiatric and chemical dependency treatment.

The W.O.M.E.N. Project (Working On Meeting Employability)

270-769-1304 x1108

1311 North Dixie Avenue, Elizabethtown, KY 42701

Services. Works to eliminate barriers and improve employability, self-sufficiency, and quality of life Provides substance abuse education, domestic violence education, advocacy, and case management to participants. Provides coordination with community partners to ensure that participants and their children receive treatment, support, and education services.

Eligibility. Women with dependent children in the home or with a reunification plan in place if children removed, who are experiencing substance abuse, domestic violence, and/or co-occurring mental health problems and are 200% below the poverty level.

Truth Initiative

Text DITCHJUUL to 88709

Website. <https://truthinitiative.org/research-resources/quitting-smoking-vaping/quitting-e-cigarettes>

United For Recovery

502-348-1879

860 West Stephen Foster Avenue in Bardstown

Website. www.unitedforrecovery.org

Services. Provides assistance in locating individual or family resources and support for those impacted by substance use disorders. Free Casey's Law advocacy. Harm reduction education and support. Narcan assistance.

University of Kentucky Targeted Assessment Program

Services. Free comprehensive assessments and support services to individuals to fully capture any barriers to self-sufficiency. Collaborate with other systems to engage participants in evidenced-based interventions.

Eligibility. Nelson County resident with dependent child under 18 in their custody or a plan for reunification; suspected or confirmed barrier in one or more of the areas: mental health, substance abuse, intimate partner violence, learning issues, or other barriers to self-sufficiency (i.e.- housing, employment, transportation); 200% or below the poverty guidelines; not a perpetrator of intimate partner violence or sexual abuse.

Voices of Hope

859-303-7671

Family Information & Support Line: 888-Hope4KY (467-3459)

Website. <https://www.voicesofhopelex.org>

Services. Helps people in recovery stay in recovery by providing no-cost support services, conducting research, and educating and advocating for the community.



Virtual Resources:

- **Alcoholics Anonymous Online Intergroup**
Website. <https://www.aa-intergroup.org/directory.php> Website. <https://www.onlinegroupaa.org>
Website. <http://www.aaonlinemeeting.net>
- **In the Rooms (recovery meetings)**
Website. <https://www.intherooms.com>
Services. Free tool that offers weekly online meetings for those in addiction recovery and related issues.
- **Louisville Recovery Community** (recovery meetings) **502-717-8321**
Website. <http://louisvillerecoveryconnection.org/>
Services. Hosts weekly recovery meetings via Zoom at <https://linktr.ee/LRCC>, allowing individuals to connect to recovery supports and each other either by phone or computer (video is optional). To schedule a Recovery Coaching appointment, use <https://linktr.ee/LRCC>.
- **Narcotics Anonymous Online Meetings**
Website. <http://12stepforums.net/na/>
Website. <http://virtual-na.org>
Website. <http://na.org/meeting>
- **Recovery Speakers Online.** <https://www.recoveryspeakers.com/speakers/>
- **SMART Recovery** (recovery meetings)
Website. <https://www.smartrecovery.org/community>
Offers warm and caring online community where participants interact and help one another recover from addictive behaviors. Features include daily online meetings, message board, and 24/7 live chat.
- **WE Connect and Unity Recovery** (recovery meetings)
Website. <https://www.weconnectrecovery.com/free-online-support-meetings>
Services. Free online recovery support groups 7+ times a day and guest speakers every other Friday.
- **Young People in Recovery** (recovery meetings)
Website. <https://www.youngpeopleinrecovery.org>
Services. Provide life skills and peer supports to help people recover from substance use disorder and reach their full potential.